



FORMYLIFE ONLINE

COURSE GUIDE

























The For My Life Retreat is a registered trademarked program. No Be in Health teachings can be used without express permission from Be in Health. Be in Health materials received during the For My Life Retreat are not to be used or disseminated in teachings or programs without Be in Health permission. Anyone wanting to use Be in Health materials must contact Be in Health corporate office at www.beinhealth.com or call 706-646-2074.

Welcome

Pastor Donna Wright welcomes you, along with the Be in Health® Team, to For My Life® Online.

We ask that you listen thoughtfully during the classes, which are based on the Word of God. It is possible that you will be exposed to concepts you have never heard before; we suggest you keep a notebook to write down things you don't understand or agree with. The Be in Heath Team is here to come along-side you in your journey to truth and freedom.



Elders of Hope of the Generations Church and Be in Health: Pastor Scott Harper, Pastor John Shales, Pastor Adrienne Shales, Pastor Donna Wright, David Levitt, Scott Iwahashi, and Pastor Benny Parish

Disclaimer

Be in Health

This ministry does not seek to be in conflict with any medical or psychiatric practices nor do we seek to be in conflict with any church and its religious doctrines, beliefs or practices. We believe many human problems are fundamentally spiritual with associated physiological and psychological manifestations.

This information is intended for your general knowledge only. Information is presented only to give insight into disease, its problems, and its possible solutions in the area of disease eradication and/or prevention. It is not a substitute for medical advice or treatment for specific medical conditions or disorders.

You should seek prompt medical care for any specific health issues. Treatment modalities around your specific health issues are between you and your physician.

As pastors, ministers, and individuals of this ministry, we are not responsible for a person's disease, nor are we responsible for their healing. We only share what we have learned through observation and research. We are not professionals, nor are we healers; we are pastors and ministers that administer the Word of God and what it says about healing. In addition to that, we also share what the medical and scientific communities have also observed and researched that coincide with what God has already said in His Word. There are no guarantees that any person will be healed or any disease be prevented. The fruits of this teaching will come forth out of a relationship between the person and God based on these insights given and applied.

This ministry is patterned after the following scriptures: 2 Cor. 5:18-20; 1 Cor. 12; Ephesians 4; Mark 16:15-20.

Copyright Notice

©2020 Be in Health®, LLC. All rights reserved. Any material, be it in written form, audio, video, compact disc, website postings - whether it be text, HTML, audio streaming or graphic images related to Be in Health® - may not be mirrored, reproduced, or displayed in whole or in part on another web page or web site (whatever the nature or purpose), or in any publication or collection of widespread circulation, whether offline or online (whatever the nature or purpose), even if considered "fair use," without express written permission from Be in Health®. For information please contact us or send an e-mail to info@BeinHealth.com

The Be in Health team is excited to begin this journey with you...let's get started!

Ready:

Please read pages $\underline{4}$ through $\underline{9}$ of this course guide before beginning For My Life® Online.

Set:

Have a King James Version of the Bible, notebook, and pen available to take notes. Feel free to print off this course guide if you need to for your personal use. (Please abide by the Copyright Notice on the previous page and do not distribute.)

Push Play:

You will be watching Foundational Insights through Self Pity before you need to do any Prep Work. Before the Accusation, Bitterness, Envy & Jealousy, Rejection, Occultism, Unloving, and Fear classes, we highly encourage you to review the ministry lists found at the end of each of these discernment classes. (These classes and page numbers are listed below.) Each ministry list contains sin issues that you may want to repent to God. Give yourself time before each of these classes to prayerfully go over the lists to prepare your heart for the ministry at the end of each discernment class.

Before you watch the Healing Profiles ministry, we encourage you to take some time to go before your Father in submission concerning your health; body, soul, and spirit. This ministry covers all of your body systems and many diseases. If the disease you are afflicted with is not mentioned, the body system affected will be.

Remember, you have 3 months to complete For My Life Online.

- Accusation pg. 48
- Bitterness pg. 50
- Envy & Jealousy pg. 54
- Rejection pg. 56
- Occultism pg. 59
- Unloving pg. 63
- Fear pg. 67

Before the time of corporate ministry at the end of these classes, the teacher will offer you an opportunity to take responsibility and repent for any additional issues you recognized during the class.

If you experience technical challenges accessing For My Life Online at any time, please contact the Be in Health Technical Support Team at TechSupport@beinhealth.com

Table of Contents

What We Believe	/
Foundational Insights	10
Father's Love	12
8Rs to Freedom	15
7 Steps to Sin	17
Godly Order	19
Sin and Spirit World Realities	21
Separation	25
Pathways of Thought	29
Water Baptism	31
Disease Profiles	34
Spiritual Blocks to Healing	42
Self-Pity	47
Accusation	48
Bitterness	50
Envy and Jealousy	54
Rejection	56
Occultism	59
Unloving Spirits	63
Addictions	65
Fear	67
Gifts and Baptism with the Holy Spirit	69
Walk Out	74
Equipping Generations of Overcomers: What We Offer	77
Sustaining Partner's	79

What We Believe

1. We believe that the Holy Bible and only the Bible is 100% the Word of God.

2 Timothy 3:16; 2 Peter 1:20-21

The translation that is our foundation is:

- The Hebrew Masoretic Text
- The Greek Majority Text

as translated into English in the Authorized King James Version.

2. We believe in the eternal Godhead as revealed in the Hebrew Masoretic Text and the Greek Majority Text, otherwise known as the Old Testament and New Testament.

Deuteronomy 6:4; Genesis 1:26; Isaiah 48:16; Matthew 28:19; 1 Corinthians 10:1-11

3. We believe that all the purposes of God are now a finished work through Jesus Christ by faith; by whom He created all things, by whom He saved and restored all things and whom He has made the head of all things, forever. Amen.

Isaiah 48; John 1:1-36; Colossians 1:12-29; Hebrews 1

- 4. We believe that Jesus Christ:
 - Is the LORD God, God the Word
 - Came in the flesh, the only begotten Son of God
 - Conceived by God the Holy Ghost in the womb of Mary, the Virgin
 - Lived a sinless life as a human being
 - Was anointed by God with the Holy Ghost to destroy the works of the devil
 - Showed us the ministry of believer/priest to preach the good news, call for men everywhere to repent and turn to God, heal the sick and do cures in His name and cast out devils
 - Died for our sins and the sins of all who believe on His name

- Is the sacrificial Lamb and by His shed blood we have remission of sins
- Reconciled us to God by faith and indwells us by the Holy Spirit
- His body lay in the grave 3 days and 3 nights and on the third day God raised Him from the dead, He walked on this earth for 40 days and was seen by up to 500 people at one time
- He ascended into heaven and sat down on the right hand of God
- He is coming again, first in the "First Resurrection" and then 7 years later in the "Day of the Lord". He comes and all the saints with Him to defeat the antichrist and set up His millennial reign as the Messiah

Zechariah 14:1-5

- 5. We believe that as the fullness of the Godhead rested bodily on Jesus as a work of the Holy Spirit, this fullness of the Godhead should rest on the body of Christ in the earth today, the Church.
 - 1 Corinthians 12
- 6. We believe in the doctrines of Christ found in Hebrews 6:1-2:
 - Repentance from dead works
 - Faith toward God
 - Doctrine of Baptisms
 - Laying on of hands
 - Resurrection of the dead
 - Eternal judgment
- 7. We believe in the sacraments of the Church as revealed in the Scriptures:
 - The LORD's Supper (Communion)
 - Water Baptism
 - Footwashing
- 8. We believe in the Great Commission a world vision.

- 9. We believe that the body of Christ, the Church, is:
 - The salt of the earth
 - The light of the world
 - To show the love of God by the love we have one for another
 - The fast we are called to is that of service as servants and to be a gift
- 10. We believe that healing and miracles are part of the Atonement and are valid for today; Jesus Christ the same, yesterday, today, and forever.

Psalm 103:3; 1 Thessalonians 5:23; 3 John 2; 1 Corinthians 12

Foundational Insights

Not ALL diseases are spiritually rooted, but many are.

God is able to heal ALL diseases. Purpose of the For My Life® course:

- To help facilitate healing, eradication, and prevention of all spiritual, psychological, and biological diseases
- To give you knowledge and discernment about what may be behind certain diseases; help you understand 'why' you're sick
- We want to help you be restored to peace and to what God intended for your life
- For My Life will help you recognize where you may have fallen into sin and become a servant to sin and not even know it

A spiritual root is- any way of thinking, speaking, and acting that is in opposition to how God thinks, speaks, and acts.

Some of the spiritual roots we have recognized and discuss in For My Life:

- Bitterness
- Accusation
- Occultism
- Envy and Jealousy
- Rejection
- Unloving
- Fear

Healing may, or may not, occur right away.

There may be a process necessary for us to be reformed into God's image.

2 Corinthians 3:18- But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Open your heart to be teachable; search out scriptural truth, be Berean!

Acts 17:11- These were more noble than those in Thessalonica, in that they received the word with all readiness of mind, and searched the scriptures daily, whether those things were so.

God's people are gone into captivity:

Isaiah 5:13-14- Therefore my people are gone into captivity, because they have no knowledge: and their honourable men are famished, and their multitude dried up with thirst. Therefore hell hath enlarged herself, and opened her mouth without measure: and their glory, and their multitude, and their pomp, and he that rejoiceth, shall descend into it.

We will be using the authorized King James Version of the Bible.

The battle is not with yourself or others.

Ephesians 6:12- For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

Let this time be for your life.

We are on a journey to wholeness-spirit, soul, and body. It is an unfolding process.

1 Thessalonians 5:23- And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

The Father's Love

Jesus said to pray to the Father.

Luke 11:1-2- And it came to pass, that, as he was praying in a certain place, when he ceased, one of his disciples said unto him, Lord, teach us to pray, as John also taught his disciples. And he said unto them, When ye pray, say, Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done, as in heaven, so in earth.

Jesus came to show us the Father. When you saw Jesus, you saw the nature of God the Father.

John 14:10- Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

Who is God the Father? He is the head of the Godhead.

The Godhead

- God, the Father God
- The Word that came in the flesh as Jesus
- God the Holy Spirit

Not three Gods, God in three members

We see many people whose immune system is compromised because of a broken heart.

Colossians 3:21- Fathers, provoke not your children to anger, lest they be discouraged.

Proverbs 17:22- A merry heart doeth good like a medicine: but a broken spirit drieth the bones.

A broken heart is when you are damaged, rejected, abused, or victimized verbally, physically, or sexually by an earthly father. They were supposed to love you. When they don't, we do not learn how to live without fear.

Many of you may have heard your father say:

- "I wish you were never born"
- Or a daughter may have heard, "I wish you were a boy".
- A son may have heard, "I wish you were a girl".

Some men don't have a relationship with either their earthly or Father God.

Isaiah 61:4 -And they shall build the old wastes, they shall raise up the former desolations, and they shall repair the waste cities, the desolations of many generations.

God decided to make you sons and daughters.

1 John 3:1-Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew him not.

Our Father is always faithful.

James 1:27-Pure religion and undefiled before God and the Father is this, To visit the fatherless and widows in their affliction, and to keep himself unspotted from the world.

God is our refuge. When the enemy tries to make trouble, go to your Dad.

Psalm 62:8-Trust in him at all times; ye people, pour out your heart before him: God is a refuge for us. Selah.

Scriptures say you pray to the Father in the name of Jesus.

John 16:23-27-And in that day ye shall ask me nothing. Verily, verily, I say unto you, Whatsoever ye shall ask the Father in my name, he will give it you. Hitherto have ye asked nothing in my name: ask, and ye shall receive, that your joy may be full. These things have I spoken unto you in proverbs: but the time cometh, when I shall no more speak unto you in proverbs, but I shall shew you plainly of the Father. At that day ye shall ask in my name: and I say not unto you, that I will pray the Father for you:

Jesus came to heal the brokenhearted.

Isaiah 61:1-The Spirit of the Lord God is upon me; because the Lord hath anointed me to preach good tidings unto the meek; he hath sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound;

The real heart of the Father tells us three times out loud what He was thinking.

Matthew 3:13-17-Then cometh Jesus from Galilee to Jordan unto John, to be baptized of him. But John forbad him, saying, I have need to be baptized of thee, and comest thou to me? And Jesus answering said unto him, Suffer it to be so now: for thus it becometh us to fulfil all righteousness. Then he suffered him. And Jesus, when he was baptized, went up straightway out of the water: and, lo, the heavens were opened unto him, and he saw the Spirit of God descending like a dove, and lighting upon him: And lo a voice from heaven, saying, This is my beloved Son, in whom I am well pleased.

We longed for our earthly father to say those words about us.

Matthew 17:1-5 - And after six days Jesus taketh Peter, James, and John his brother, and bringeth them up into an high mountain apart, And was transfigured before them: and his face did shine as the sun, and his raiment was white as the light. And, behold, there appeared unto them Moses and Elias talking with him. Then answered Peter, and said unto Jesus, Lord, it is good for us to be here: if thou wilt, let us make here three tabernacles; one for thee, and one for Moses, and one for Elias. While he yet spake, behold, a bright cloud overshadowed them: and behold a voice out of the cloud, which said, This is my beloved Son, in whom I am well pleased; hear ye him.

This is my beloved Son, in whom I am well pleased.

John 12:27-28-Now is my soul troubled; and what shall I say? Father, save me from this hour: but for this cause came I unto this hour. Father, glorify thy name. Then came there a voice from heaven, saying, I have both glorified it, and will glorify it again.

We have the same promises. He loves us.

Romans 8:30-Moreover whom he did predestinate, them he also called: and whom he called, them he also justified: and whom he justified, them he also glorified.

8 Rs to Freedom

The first R is Recognize. You must recognize that there is a problem.

Isaiah 5:13-Therefore my people are gone into captivity, because they have no knowledge: and their honourable men are famished, and their multitude dried up with thirst.

You must know God's Word to determine what is of God and what isn't.

Isaiah 5:14-Therefore hell hath enlarged herself, and opened her mouth without measure: and their glory, and their multitude, and their pomp, and he that rejoiceth, shall descend into it.

Hosea 4:6-My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will also reject thee, that thou shalt be no priest to me: seeing thou hast forgotten the law of thy God, I will also forget thy children.

Take responsibility.

Psalm 51:3-For I acknowledge my transgressions: and my sin is ever before me.

He wanted to be in a right relationship with God. We must take responsibility rather than justify ourselves.

1 John 1:9-If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

God is faithful. Taking responsibility means, "I did it."

Repent.

Acts 3:19-Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord.

Repentance means your burden is taken from you. Choose to repent and continue on your journey.

Revelation 2:5-Remember therefore from whence thou art fallen, and repent, and do the first works; or else I will come unto thee quickly, and will remove thy candlestick out of his place, except thou repent.

Renounce.

I don't want to do it. I don't want any part of it. It keeps you flourishing in your walk.

1 Corinthians 10:21-Ye cannot drink the cup of the Lord, and the cup of devils: ye cannot be partakers of the Lord's table, and of the table of devils.

Remove. Get it out of your life.

Ezekiel 18:31-32-Cast away from you all your transgressions, whereby ye have transgressed; and make you a new heart and a new spirit: for why will ye die, O house of Israel? For I have no pleasure in the death of him that dieth, saith the Lord God: wherefore turn yourselves, and live ye.

He gives you a new heart and a new spirit.

Resist.

James 4:7-Submit yourselves therefore to God. Resist the devil, and he will flee from you.

Rejoice.

Isaiah 35:10-And the ransomed of the Lord shall return, and come to Zion with songs and everlasting joy upon their heads: they shall obtain joy and gladness, and sorrow and sighing shall flee away.

Restore

Isaiah 42:22-But this is a people robbed and spoiled; they are all of them snared in holes, and they are hid in prison houses: they are for a prey, and none delivereth; for a spoil, and none saith, Restore.

7 Steps to Sin

There's a difference between temptation and sin.

Our thoughts may not originate with us.

Temptation is not from God but is from Satan's kingdom.

Mark 7:21-23- For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness: All these evil things come from within, and defile the man.

There is always a way of escape from temptation.

1 Corinthians 10:13- There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

God may not always remove the temptation because He wants you to defeat the problem because it comes from within.

The 7 steps to sin are found in James chapter 1.

James 1:14-15- But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death.

The 1st step to sin is temptation, which is the thought of evil.

Hebrews 4:15- for we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.

The 2nd step to sin is being drawn away.

James 1:14- But every man is tempted, when he is drawn away of his own lust and enticed.

To be drawn away is to have a strong imagining about the temptation, and to become preoccupied with that thought.

The 3rd step to sin is personal lust.

James 1:14- But every man is tempted, when he is drawn away of his own lust, and enticed.

Lust means this- whatever you put your affection on. The 4th step to sin is the enticement.

James 1:14- But every man is tempted, when he is drawn away of his own lust, and enticed.

Enticement is the weakening of the will.

The 5th step to sin is lust conceived.

James 1: 14-15- But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death.

Lust conceived is the preparation to produce an action that is not yet in place.

It's the final stage to the birth of sin as your will has yielded itself to what the temptation represents.

The 6th step to sin is the actual sin.

James 1:15a- Then when lust has conceived it bringeth forth sin...

When a man lusts after a woman to the degree that he imagines the act of committing adultery, then he has already committed adultery, even though it's in his heart and not yet in his physical body.

Matthew 5:28- But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.

The 7th step to sin is the consequence of the sin.

James 1:15b- ...and sin, when it is finished, bringeth forth death.

Godly Order

There is order in creation

Genesis 1:26- And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.

1 Corinthians 11:3- But I would have you know, that the head of every man is Christ; and the head of the woman is the man; and the head of Christ is God.

- 1. God
- 2. Christ
- 3. The man
- 4. The woman

There is an order in the Godhead

- God the Father thought it
- God the Son, the Word, spoke it
- God the Holy Spirit did it

Women were created to follow men as equal in value

Genesis 2:23-24- And Adam said, This is now bone of my bones, and flesh of my flesh: she shall be called Woman, because she is taken out of Man. Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh.

There is order and government in the Godhead-

John 5:19-20- Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise. For the Father loveth the Son, and sheweth him all things that himself doeth: and he will shew him greater works than these, that ye may marvel.

The woman is to submit to the man, as he submits to Christ

Ephesians 5:21-23- Submitting yourselves one to another in the fear of God. Wives, submit yourselves unto your own husbands, as unto the Lord. For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body.

Woman was created for the man; to be led by a Godly man

1 Corinthians 11:8-9- For the man is not of the woman; but the woman of the man. Neither was the man created for the woman; but the woman for the man.

Husbands are to honor their wives, as the weaker vessel

1 Peter 3:7- Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered.

Your greatness as a man is how you serve

Ephesians 5:25- Husbands, love your wives, even as Christ also loved the church, and gave

Mark 10:43-45- But so shall it not be among you: but whosoever will be great among you, shall be your minister: And whosoever of you will be the chiefest, shall be servant of all. For even the Son of man came not to be ministered unto, but to minister, and to give his life a ransom for many.

The 'head' of man should be Christ; the head of man should not be the woman-When ungodly order in the home is in place:

- A spirit of confusion may come in
- A deaf and dumb spirit- learning disabilities may result
- Gender confusion may result
- A controlling spirit can join the woman
- Anger and bitterness

How does recovery occur?

- Recognize what God's correct 'blueprint' looks like
- Take responsibility and repent if you recognize you have agreed with error
- Forgive those who did not model correct spirituality
- Give each other love, compassion, and room to grow
- Communicate, communicate, communicate and repent to each other.

Spirit World Realities

There are three heavens found in scripture

• The physical creation of the first heaven

Revelation 21:1 And I saw a new heaven and a new earth: for the first heaven and the first earth were passed away; and there was no more sea.

• The third heaven is where God is.

2 Corinthians 12:2 I knew a man in Christ above fourteen years ago, (whether in the body, I cannot tell; or whether out of the body, I cannot tell: God knoweth;) such an one caught up to the third heaven.

• The second heaven is the dry place where evil spirits live.

Matthew 12:43 When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest, and findeth none.

There are two kingdoms:

- God's kingdom
 - 1 Corinthians 12:27 Now ye are the body of Christ, and members in particular.
- Satan's kingdom

Romans 6:6 Knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin.

3. Iniquity was first found in Satan.

Ezekiel 28:14-18 Thou art the anointed cherub that covereth; and I have set thee so: thou wast upon the holy mountain of God; thou hast walked up and down in the midst of the stones of fire. Thou wast perfect in thy ways from the day that thou wast created, till iniquity was found in thee. By the multitude of thy merchandise they have filled the midst of thee with violence, and thou hast sinned: therefore I will cast thee as profane out of the mountain of God: and I will destroy thee, O covering cherub, from the midst of the stones of fire. Thine heart

was lifted up because of thy beauty, thou hast corrupted thy wisdom by reason of thy brightness: I will cast thee to the ground, I will lay thee before kings, that they may behold thee. Thou hast defiled thy sanctuaries by the multitude of thine iniquities, by the iniquity of thy traffick; therefore will I bring forth a fire from the midst of thee, it shall devour thee, and I will bring thee to ashes upon the earth in the sight of all them that behold thee.

- Satan wants to control us in everything.
- God wants us to enjoy freedom as His children.

Satan is no longer in heaven.

Luke 10:18 And he said unto them, I beheld Satan as lightning fall from heaven.

Lucifer was in charge of creation in the past and he wanted to exalt himself above God.

Isaiah 14:12-15- How art thou fallen from heaven, O Lucifer, son of the morning! how art thou cut down to the ground, which didst weaken the nations! For thou hast said in thine heart, I will ascend into heaven, I will exalt my throne above the stars of God: I will sit also upon the mount of the congregation, in the sides of the north: I will ascend above the heights of the clouds; I will be like the most High. Yet thou shalt be brought down to hell, to the sides of the pit.

Lucifer convinced 1/3 of the angels to rebel against God.

Revelation 12:4- And his tail drew the third part of the stars of heaven, and did cast them to the earth: and the dragon stood before the woman which was ready to be delivered, for to devour her child as soon as it was born.

At the time that Lucifer was cast out of heaven, there was a frozen time of chaos on planet earth.

Genesis 1:2- And the earth was without form, and void; and darkness was upon the face of the deep. And the Spirit of God moved upon the face of the waters.

• There were two floods: the first one of ice at the time of Lucifer's fall and the second one was the flood of water at the time of Noah.

Jeremiah 4:22-26- For my people is foolish, they have not known me; they are sottish children, and they have none understanding: they are wise to do evil, but to do good they have no knowledge. I beheld the earth, and, lo, it was without form, and void; and the heavens, and they had no light. I beheld the mountains,

and, lo, they trembled, and all the hills moved lightly. I beheld, and, lo, there was no man, and all the birds of the heavens were fled. I beheld, and, lo, the fruitful place was a wilderness, and all the cities thereof were broken down at the presence of the LORD, and by his fierce anger.

The first flood of ice may also be found in the New Testament.

2 Peter 3:5-7 For this they willingly are ignorant of, that by the word of God the heavens were of old, and the earth standing out of the water and in the water: Whereby the world that then was, being overflowed with water, perished: But the heavens and the earth, which are now, by the same word are kept in store, reserved unto fire against the day of judgment and perdition of ungodly men.

9. Satan's kingdom (sin) entered in to the world of human beings through one man; Adam.

Romans 5:12 Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned:

• Sin entered through Adam's disobedience of God's commandment.

Genesis 2:16-17 And the LORD God commanded the man, saying, Of every tree of the garden thou mayest freely eat: 17 But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die.

WHO told you?

Genesis 3:11 And he said, Who told thee that thou wast naked? Hast thou eaten of the tree, whereof I commanded thee that thou shouldest not eat?

• Satan tempted eve by telling her that she could be like him; knowing both good and evil.

Genesis 3:5 For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil.

Sin is not a state of being. Sin is a being in a state of existence by its fallen nature.

Three sources of thought:

• Satan's kingdom can give us thoughts.

Matthew 16:21-23 From that time forth began Jesus to shew unto his disciples, how that he must go unto Jerusalem, and suffer many things of the elders and chief priests and scribes, and be killed, and be raised again the third day. Then Peter took him, and began to rebuke him, saying, Be it far from thee, Lord: this shall not be unto thee. But he turned, and said unto Peter, Get thee behind me, Satan: thou art an offence unto me: for thou savourest not the things that be of God, but those that be of men.

God can give us thoughts.

Matthew 16:15-17 He saith unto them, But whom say ye that I am? And Simon Peter answered and said, Thou art the Christ, the Son of the living God. And Jesus answered and said unto him, Blessed art thou, Simon Barjona: for flesh and blood hath not revealed it unto thee, but my Father which is in heaven.

Men can have their own thoughts.

Matthew 16:13-14 When Jesus came into the coasts of Caesarea Philippi, he asked his disciples, saying, Whom do men say that I the Son of man am? and they said, Some say that thou art John the Baptist: some, Elias; and others, Jeremias, or one of the prophets.

Separation

This teachings goal is to help us understand and discern 'who' is talking.

- **2 Corinthians 10:3-5** 3For though we walk in the flesh, we do not war after the flesh: 4(For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) 5Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;
- We do not war after each other or ourselves. Our battle is not here but with another kingdom.
 - **Ephesians 6:12** For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.
- God hates sin, but he does not hate you.
- 3. Adam and Eve were talked to by Satan's kingdom
 - **Genesis 3:11** And he said, Who told thee that thou wast naked? Hast thou eaten of the tree, whereof I commanded thee that thou shouldest not eat?
- Paul's journey- honesty and revelation in Romans 7
 - Romans 7:15-16 For that which I do I allow not: for what I would, that do I not; but what I hate, that do I. If then I do that which I would not, I consent unto the law that it is good.
 - Jesus said it comes from within. So Jesus taught us this pre-cross and Paul reiterated the same, post-cross
 - Mark 7:15 There is nothing from without a man, that entering into him can defile him: but the things which come out of him, those are they that defile the man.

• If you listen to what people say, you will know what is in their heart. The same is true for you yourself.

Matthew 12:34 - O generation of vipers, how can ye, being evil, speak good things? for out of the abundance of the heart the mouth speaketh.

• The mouth speaks the thoughts we are dwelling on.

Proverbs 23:7 - For as he thinketh in his heart, so is he: Eat and drink, saith he to thee; but his heart is not with thee.

• A root of bitterness coming from within

Hebrews 12:15 - Looking diligently lest any man fail of the grace of God; lest any root of bitterness springing up trouble you, and thereby many be defiled;

• It really comes down to who are you serving?

John 7:38 - He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.

Romans 6:16 -Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness?

- Psalm 103:2-3 Bless the LORD, O my soul, and forget not all his benefits: Who forgiveth all thine iniquities; who healeth all thy diseases;
 - Iniquities are that generational passing of behavioral patterns in how we think, speak and act that don't line up to God.

Nehemiah 9:1-3 - Now in the twenty and fourth day of this month the children of Israel were assembled with fasting, and with sackclothes, and earth upon them. And the seed of Israel separated themselves from all strangers, and stood and confessed their sins, and the iniquities of their fathers. And they stood up in their place, and read in the book of the law of the LORD their God one fourth part of the day; and another fourth part they confessed, and worshipped the LORD their God.

Exodus 20:6 - And shewing mercy unto thousands of them that love me, and keep my commandments.

• If we keep the commandments there are blessings.

John 14:15 - If ye love me, keep my commandments.

- So if we love God, we will keep his commandments: if we don't, we don't love him, we hate him
- David recognized the sexual sin in his family tree.

Psalm 51:5 - Behold, I was shapen in iniquity; and in sin did my mother conceive me.

- For My Life is about sanctification and wholeness.
 - 1 Thessalonians 5:23 And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.
 - **2 Corinthians 7:1** Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.
- You have to take ownership, take responsibility for your actions/choices
 - Romans 8:1 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.
 - Will we serve sin or serve God?
 - Romans 6:6 Knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin.
 - Sanctification is an everyday process
 - **2 Corinthians 5:17** Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.
 - It is a process to not serve sin
 - Romans 6:12 Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof.

Don't let sin reign

• 2 Corinthians 10:6 - And having	n a readiness to revenge	all disobedience, when your
obedience is fulfilled.	_	-

• Separation is a choice of whether or not you will serve sin or serve God

Pathways of Thought

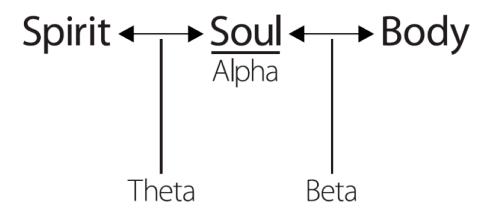
Disease is not happenstance; it is a planned event.

- We are either formed into health or formed into disease
- Manifest something invisible becoming visible for people to see

Galatians 5:19-21 - Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God.

We are a spirit that has a soul and lives in a body.

1 Thessalonians 5:23 - And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.



© Copyright: 2008. Be in Health™ all rights reserved.

- Thought does not exist apart from an intellectual being
- Beta Brainwaves activated whenever one of the five physical senses are involved.
- Theta Brainwaves are most active when we are focusing on signals from within.
 - As a spirit, we can be influenced by either the Holy Spirit or an evil spirit.

- 2 Timothy 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.
- 1 John 4:18 There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.

How do we overcome?

- 2 Corinthians 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;
 - Be formed back into the image of God

Hebrews 5:14 - But strong meat belongeth to them that are of full age, even those who by reason of use have their senses exercised to discern both good and evil.

Where is temptation coming from?

Romans 7:23 - But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.

Romans 7:25 - I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin.

Water Baptism

Water baptism is a commandment and it represents our obedience to God.

• Repent and be baptized.

Baptism represents the circumcision of the heart.

Colossians 2:11 In whom also ye are circumcised with the circumcision made without hands, in putting off the body of the sins of the flesh by the circumcision of Christ:

In whose name or authority are you to baptize?

Matthew 28: 19-20- Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you alway, even unto the end of the world. Amen.

Acts 2:38 -Then Peter said unto them, Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost.

Water baptism may be a missing link as to why people are not overcoming.

Water baptism is established for the church.

Mark 16:15-16 And he said unto them, Go ye into all the world, and preach the gospel to every creature. He that believeth and is baptized shall be saved; but he that believeth not shall be damned.

Keeping God's commandments show God that we love him.

John 14:15- If ye love me, keep my commandments.

We are making a verbal covenant with God when we become a believer.

Romans 10:10- For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.

The baptism of the Holy Spirit can occur either before or after water baptism.

Acts 10:44-48- While Peter yet spake these words, the Holy Ghost fell on all them which heard the word. And they of the circumcision which believed were astonished, as many as came with Peter, because that on the Gentiles also was poured out the gift of the Holy Ghost. For they heard them speak with tongues, and magnify God. Then answered Peter, Can any man forbid water, that these should not be baptized, which have received the Holy Ghost as well as we? And he commanded them to be baptized in the name of the Lord. Then prayed they him to tarry certain days.

It fulfills all righteousness to be water baptized.

Matthew 3:15 - And Jesus answering said unto him, Suffer it to be so now: for thus it becometh us to fulfil all righteousness. Then he suffered him.

We must continue in our faith and obedience to God.

Colossians 1:21- And you, that were sometime alienated and enemies in your mind by wicked works, yet now hath he reconciled

God knows the struggles we face.

Hebrews 4:15 -For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.

We show our faith in God the Father by doing the work of water baptism.

James 2:17-18- Even so faith, if it hath not works, is dead, being alone. 18 Yea, a man may say, Thou hast faith, and I have works: shew me thy faith without thy works, and I will shew thee my faith by my works.

The prerequisite to being baptized is to be born again. You have to believe Acts 8:12.

Acts 8:12-But when they believed Philip preaching the things concerning the kingdom of God, and the name of Jesus Christ, they were baptized, both men and women.

The Father has the power to raise us to a new life.

Romans 6:3-4 -Know ye not, that so many of us as were baptized into Jesus Christ were baptized into his death? Therefore we are buried with him by baptism into death: that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life.

We are no longer servants of sin, but of righteousness.

Romans 6:16- Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness?

The answer of a good conscience toward God.

1 Peter 3:20-21- Which sometime were disobedient, when once the longsuffering of God waited in the days of Noah, while the ark was a preparing, wherein few, that is, eight souls were saved by water. The like figure whereunto even baptism doth also now save us (not the putting away of the filth of the flesh, but the answer of a good conscience toward God,) by the resurrection of Jesus Christ:

Disease Profiles

Disease management is not our goal. Disease prevention and eradication is our goal

All disease is a curse according to Deuteronomy 28

Deuteronomy 28:15 - But it shall come to pass, if thou wilt not hearken unto the voice of the LORD thy God, to observe to do all his commandments and his statutes which I command thee this day; that all these curses shall come upon thee, and overtake thee:

Fear is a big issue and does not come from God; Fear is an evil spirit.

2 Timothy 1:7 - For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Hebrews 11:1 - Now faith is the substance of things hoped for, the evidence of things not seen.

Satan's kingdom knows how to access our bodies in order to produce sickness and disease.

Proverbs 17:22 - A merry heart doeth good like a medicine: but a broken spirit dries the bones.

There are spirits of infirmity that cause disease.

Luke 13:11-12- And, behold, there was a woman which had a spirit of infirmity eighteen years, and was bowed together, and could in no wise lift up herself. And when Jesus saw her, he called her to him, and said unto her, Woman, thou art loosed from thine infirmity.

Matthew 9:32-33- As they went out, behold, they brought to him a dumb man possessed with a devil. And when the devil was cast out, the dumb spake: and the multitudes marvelled, saying, It was never so seen in Israel.

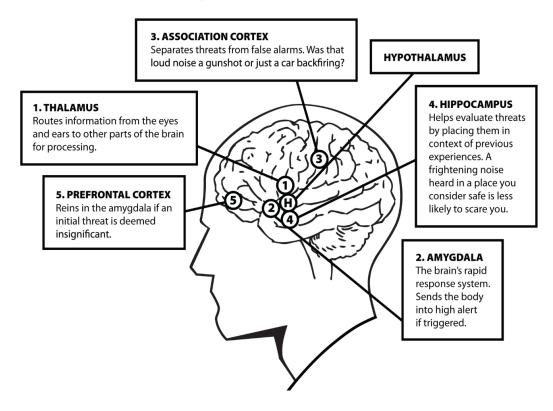
Proverbs 26:2 - As the bird by wandering, as the swallow by flying, so the curse causeless shall not come.

People are being destroyed and perishing for a lack of knowledge.

Isaiah 5:13- Therefore my people are gone into captivity, because they have no knowledge: and their honourable men are famished, and their multitude dried up with thirst.

Hosea 4:6- My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will also reject thee, that thou shalt be no priest to me: seeing thou hast forgotten the law of thy God, I will also forget thy children.

Tracking Fear in the Brain



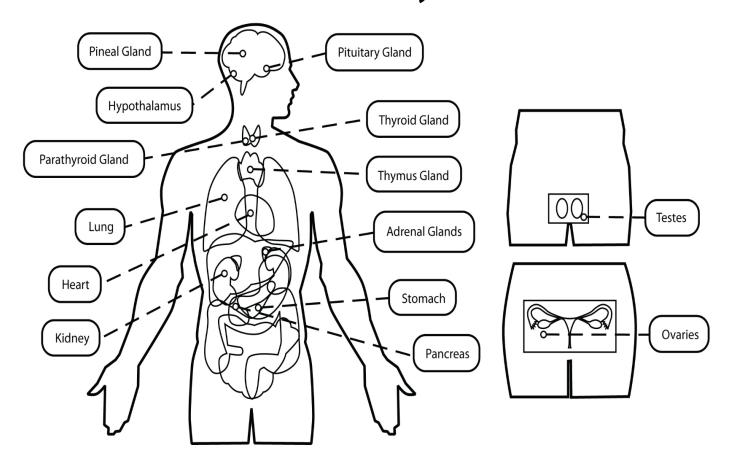
Homeostasis - The Systems Involved

- 1. Endocrine System
- 2. Autonomic / Involuntary
- 3. Sympathetic and Parasympathetic
- 2 Corinthians 10:5-6- Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ; And having in a readiness to revenge all disobedience, when your obedience is fulfilled.

Limbic System - Mind/Body Connection

- Initiates activity of hypothalamus through thought
- Influences memory by integrating emotional responses with stored memories
- Influences endocrine and autonomic nervous systems
- The connection between the soul and the body
- Will take us into fight or flight for survival
- 1 Thessalonians 5:23 And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

Endocrine System



Hypothalamus Gland - is responding to keep the body in homeostasis.

Endocrine System:

- Connects with the nervous system through the hypothalamus
- Maintains chemical balance
- Glands secrete hormones
- Pituitary Gland is the master
- Glands control growth, development, mood, well-being, metabolism, reproductive function, skin color, sense of smell, and taste.

The Sympathetic Nervous System functions apart from conscious thought.

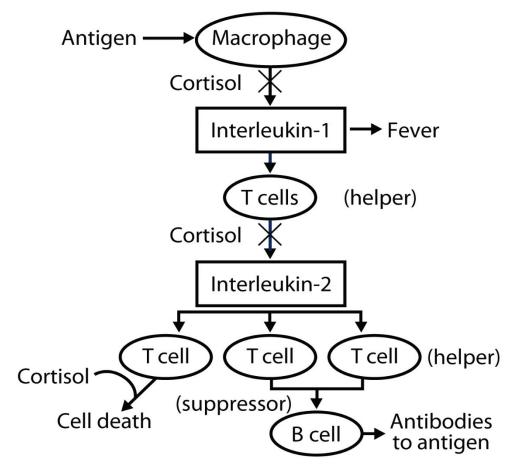
Fight or Flight **HEART** beats faster **BREATHING** quickens to take in more oxygen **BLOOD PRESSURE** rises LIVER releases sugar into blood for STOMACH added energy vessels constrict to force blood elsewhere **PERSPIRATION** increases to regulate body temperature **ARM AND LEGS** receive extra blood for energy

Satan knows that if he can control your systems and cause you to 'lose your peace', he can cause sickness and disease.

Fight or Flight:

- God's plan for us to respond to danger
- Prolonged cortisol release is a detriment to the immune system

When Cortisol is Oversecreted



Cortisol - necessary but harmful if released in excessive amounts

- Damages the immune system by inhibiting the production of Interleukin 1 macrophages
- Stops the recruiting of T cells
- Inhibits production of Interleukin 2 and reduces further recruiting of helper and suppressor T cells
- Negatively affects the production of antibodies to antigens

Stress-related diseases due to the over secretion of cortisol.

Examples of Dis-ease

Multiple Chemical Sensitivities / Environmental Illness

- Stands on two legs: fear and occultism
- Self-pity ties it all together

Ephesians 5:26 - That he might sanctify and cleanse it with the washing of water by the word,

Infertility

Cancer - lack of nurturing, bitterness

Hyper- and Hypo- dynamics of secretion

- Hyperthyroidism (Graves' Disease) is the over-secretion of thyroxin
- Hypothyroidism (Hashimoto's Disease) is the under-secretion of thyroxin.
- Hypoglycemia is the result of a lowering of blood sugar.

Obsessive Compulsive Disorder (OCD), compulsive eating, bingeing and anorexia are the result of an under-secretion of serotonin.

Reduction of serotonin (levels)

- Depression Coming out of not liking ourselves / not feeling good about ourselves. Hopelessness.
- Self-hatred slows metabolism
- Insanity

Cell membrane semi-rigidity diseases

- High Blood Pressure fear of tomorrow
- Asthma fear of abandonment
- Toxicity fear

Psychogenic

• Fibromyalgia - primarily female disorder found in women who are stressed, anxious, striving, not properly covered by father or husbands.

Autoimmune Diseases - body attacks the body because the person is attacking themselves at the spirit and soul level; usually resulting from rejection by a father

In closing, we all have a choice in what we let rule us:

Matthew 22:37-39- Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it, Thou shalt love thy neighbour as thyself.

Proverbs 25:28 - He that hath no rule over his own spirit is like a city that is broken down, and without walls.

Spiritual Blocks to Healing

Un-forgiveness is the number one block to healing.

Mark 11:22-26 -And Jesus answering saith unto them, Have faith in God. For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith. Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them. And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses. But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses.

- Forgiveness from God the Father is conditioned upon our willingness to forgive others.
- This is repeated in Matthew 6:14-15.

Matthew 6:14-15- For if ye forgive men their trespasses, your heavenly Father will also forgive you: 15 But if ye forgive not men their trespasses, neither will your Father forgive your trespasses.

1 John 1:9- If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

The second block is ignorance or lack of knowledge.

Isaiah 5:13-14- Therefore my people are gone into captivity, because they have no knowledge: and their honourable men are famished, and their multitude dried up with thirst. 14 Therefore hell hath enlarged herself, and opened her mouth without measure: and their glory, and their multitude, and their pomp, and he that rejoiceth, shall descend into it.

Hosea 4:6- My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will also reject thee, that thou shalt be no priest to me: seeing thou hast forgotten the law of thy God, I will also forget thy children.

Personal and family sins

Also known as iniquity.

Isaiah 59:1-2- Behold, the LORD'S hand is not shortened, that it cannot save; neither his ear heavy, that it cannot hear: But your iniquities have separated between you and your God, and your sins have hid his face from you, that he will not hear.

The condition of our heart is that we are trying to keep God's commandments?

Exodus 20:5-6- Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And shewing mercy unto thousands of them that love me, and keep my commandments.

Deuteronomy 5:9-10- Thou shalt not bow down thyself unto them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me, And shewing mercy unto thousands of them that love me and keep my commandments.

Looking to man rather than to God.

John 5:19- Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise.

Psalm 139:14- I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well

Jeremiah 17:5-8 -Thus saith the LORD; Cursed be the man that trusteth in man, and maketh flesh his arm, and whose heart departeth from the LORD. For he shall be like the heath in the desert, and shall not see when good cometh; but shall inhabit the parched places in the wilderness, in a salt land and not inhabited. Blessed is the man that trusteth in the LORD, and whose hope the LORD is. For he shall be as a tree planted by the waters, and that spreadeth out her roots by the river, and shall not see when heat cometh, but her leaf shall be green; and shall not be careful in the year of drought, neither shall cease from yielding fruit.

Not being honest and transparent.

James 5:16- Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

Proverbs 28:13- He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy.

• Make sure that the person to whom you confess your faults is trustworthy and a person of integrity.

Galatians 6:1- Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted.

Improper care of the body.

• Our body is our mobile home and we have to take care of it.

1 Corinthians 6:19-20- What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.

• Be careful to not over indulge and avoid things that will harm the body.

Philippians 2:25-30 - Yet I supposed it necessary to send to you Epaphroditus, my brother, and companion in labour, and fellowsoldier, but your messenger, and he that ministered to my wants. For he longed after you all, and was full of heaviness, because that ye had heard that he had been sick. For indeed he was sick nigh unto death: but God had mercy on him; and not on him only, but on me also, lest I should have sorrow upon sorrow. I sent him therefore the more carefully, that, when ye see him again, ye may rejoice, and that I may be the less sorrowful. Receive him therefore in the Lord with all gladness; and hold such in reputation: Because for the work of Christ he was nigh unto death, not regarding his life, to supply your lack of service toward me.

Not discerning the Lords body. (Communion)

1 Corinthians 11:27-30- Wherefore whosoever shall eat this bread, and drink this cup of the Lord, unworthily, shall be guilty of the body and blood of the Lord. But let a man examine himself, and so let him eat of that bread, and drink of that cup. For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord's body. For this cause many are weak and sickly among you, and many sleep.

Not resisting the enemy

We have to take action in resisting the enemy.

Isaiah 38:1-5- In those days was Hezekiah sick unto death. And Isaiah the prophet the son of Amoz came unto him, and said unto him, Thus saith the LORD, Set thine house in order: for thou shalt die, and not live. Then Hezekiah turned his face toward the wall, and prayed unto the LORD, And said, Remember now, O LORD, I beseech thee, how I have walked before thee in truth and with a perfect heart, and have done that which is good in thy sight. And Hezekiah wept sore. Then came the word of the LORD to Isaiah, saying, Go, and say to Hezekiah, Thus saith the LORD, the God of David thy father, I have heard thy prayer, I have seen thy tears: behold, I will add unto thy days fifteen years.

- Because he resisted the devil he was given fifteen more years.
 - 1 Peter 5:8-9- Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.
 - James 4:7-8 -Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded.
- Not resisting is giving up and quitting. That will produce many bad repercussions.

Deuteronomy 30:19- I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live:

Rejecting healing as part of the covenant for today.

Psalm 103:3 - Who forgiveth all thine iniquities; who healeth all thy diseases;

Murmuring and complaining

1 Corinthians 10:10- Neither murmur ye, as some of them also murmured, and were destroyed of the destroyer.

Self-Pity

Pastor Henry said, "Self-pity is the superglue of hell to bind you to your past."

It takes a victim's role.

1 Kings 21 tells the story of King Ahab who wanted Naboth's vineyard. Naboth has not willing to sell his inheritance. So Ahab had a pity party. Jezebel saw that he got what he wanted by killing Naboth. Self-pity will go to great lengths to get what it wants.

Self-pity looks back. It does not deal with the problem at hand.

Blames self: I always do this or this always happens to me.

Paul had joy for what was set before him even though it came at a high price.

James 1:2- My brethren, count it all joy when ye fall into divers temptations;

Philippians 4:6-9- Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.

Self-pity takes action. It does not want to be exposed.

2 Corinthians 10:5-Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

We have a choice to choose joy or go into self-pity.

Our goal is to hear: Well done, thy good and faithful servant.

Accusation

Discernment helps us recognize the difference between good and evil.

Isaiah 5:20 -Woe unto them that call evil good, and good evil; that put darkness for light, and light for darkness; that put bitter for sweet, and sweet for bitter!

God wants us to recognize evil so that we can do something about it.

2 Corinthians 10:4-5 (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

Jesus fulfilled the law and prophets; He didn't come to do away with the law.

Romans 3:20- Therefore by the deeds of the law there shall no flesh be justified in his sight: for by the law is the knowledge of sin.

a. Truth is your servant. It is NOT a weapon.

Satan's kingdom is the accuser of OUR brethren.

Revelation 12:10- And I heard a loud voice saying in heaven, Now is come salvation, and strength, and the kingdom of our God, and the power of his Christ: for the accuser of our brethren is cast down, which accused them before our God day and night.

The goal of an accusing spirit is to break down relationships so that they do not function anymore.

What are some of the characteristics of an accusing spirit?

- Projecting Fear
- Analyzing other people's motives toward you.
- •You offend or are easily offended.
- •Quick to judge based on a misunderstanding.
- Exaggerating offenses.
- Always and never.

You do not have to be the source of the breakdown in relationships.

Matthew 24:10- And then shall many be offended, and shall betray one another, and shall hate one another.

Matthew 18:7- Woe unto the world because of offences! for it must needs be that offences come; but woe to that man by whom the offence cometh!

Walk after the spirit and not after the flesh.

Romans 8:1- There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.

How do we handle truth properly?

Psalm 85:10- Mercy and truth are met together; righteousness and peace have kissed each other.

Accusation goes down into the gastrointestinal system.

Proverbs 18:8 The words of a talebearer are as wounds, and they go down into the innermost parts of the belly.

Bitterness

What is the spirit of Bitterness?

The number one block to healing is Bitterness and Unforgiveness.

- Block to healthy relationships
- Block to physical healing
- Block to peace

Bitterness is the Strong man or the stronghold that has seven underlings. These seven types of armor hold bitterness in place.

- Unforgiveness
- Resentment
- Retaliation
- Anger and Wrath
- Hatred
- Violence
- Murder

When someone fails you, disappoints you, hurts you, offends you, that is the hook to tempt you to go into bitterness.

Ephesians 6:12- For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

A spirit of Bitterness needs a person in order to fulfill its mission or to operate.

We must practice Separation.

The enemy may be using a person to get at you, but you are not the problem; they are not the enemy.

Luke 11:24- When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest; and finding none, he saith, I will return unto my house whence I came out.

Walks through dry places

Luke 11:21-22-When a strong man armed keepeth his palace, his goods are in peace: But when a stronger than he shall come upon him, and overcome him, he taketh from him all his armour wherein he trusted, and divideth his spoils.

There are seven levels of underlings:

- Unforgiveness
- Resentment
- Retaliation
- Anger and Wrath
- Hatred
- Violence
- Murder

We can have Bitterness towards Self, Others, and God.

Understand God's heart and mind towards Bitterness.

Hebrews 12:15-Looking diligently lest any man fail of the grace of God; lest any root of bitterness springing up trouble you, and thereby many be defiled;

How often should I forgive my brother?

Matthew 18:21-35-Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times? Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven. Therefore is the kingdom of heaven likened unto a certain king, which would take account of his servants. And when he had begun to reckon, one was brought unto him,

which owed him ten thousand talents. But forasmuch as he had not to pay, his lord commanded him to be sold, and his wife, and children, and all that he had, and payment to be made. The servant therefore fell down, and worshipped him, saying, Lord, have patience with me, and I will pay thee all. Then the lord of that servant was moved with compassion, and loosed him, and forgave him the debt. But the same servant went out, and found one of his fellowservants, which owed him an hundred pence: and he laid hands on him, and took him by the throat, saying, Pay me that thou owest. And his fellowservant fell down at his feet, and besought him, saying, Have patience with me, and I will pay thee all. And he would not: but went and cast him into prison, till he should pay the debt. So when his fellowservants saw what was done, they were very sorry, and came and told unto their lord all that was done. Then his lord, after that he had called him, said unto him, O thou wicked servant, I forgave thee all that debt, because thou desiredst me: Shouldest not thou also have had compassion on thy fellowservant, even as I had pity on thee? And his lord was wroth, and delivered him to the tormentors, till he should pay all that was due unto him. So likewise shall my heavenly Father do also unto you, if ye from your hearts forgive not every one his brother their trespasses.

The Lord's Prayer Matthew 6:9-12

Matthew 6:9-12-After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name. Thy kingdom come, Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors.

Trust God to restore what was lost. That is His job to do. Forgive. Let God restore.

Joel 2:25-And I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpiller, and the palmerworm, my great army which I sent among you.

Forgive and trust God to restore.

Do you have prayers that have not been answered yet?

Mark 11:24-26-Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them. And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses. But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses.

Recognize. Repent for any level of bitterness.

1 John 1:9- If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

Ephesians 4:31-Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice:

Never be so hard on yourself that you cannot celebrate the victories.

3 John 1:2- Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.

Envy and Jealousy

Envy and jealousy are dangerous to your health.

Proverbs 14:30 A sound heart is the life of the flesh: but envy the rottenness of the bones.

Envy and jealousy steals the blessings that God has in mind to give us.

Hebrews 13:5 -Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.

Keep your eyes on God and judge correctly.

John 7:24 - Judge not according to the appearance, but judge righteous judgment.

One of the primary roots of envy and jealousy is NOT trusting God to give you what you need or want when we need it, or to protect what you already have.

Joshua 1:5 -There shall not any man be able to stand before thee all the days of thy life: as I was with Moses, so I will be with thee: I will not fail thee, nor forsake thee.

Hebrews 13:6- So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

Great blessing does not necessarily mean that the person is Godly.

1 Timothy 6:6- But godliness with contentment is great gain.

Envy and jealousy is actually idolatry.

Colossians 3:5- Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry:

8. Jealousy is an evil spirit.

Numbers 5:14- And the spirit of jealousy come upon him, and he be jealous of his wife, and she be defiled: or if the spirit of jealousy come upon him, and he be jealous of his wife, and she be not defiled:

Envy produces strife and confusion

James 3:16- For where envying and strife is, there is confusion and every evil work.

A person who has envy and jealousy hinders reconciliation.

Proverbs 6:34-35- For jealousy is the rage of a man: therefore he will not spare in the day of vengeance. He will not regard any ransom; neither will he rest content, though thou givest many gifts.

Proverbs 27:3-4- A stone is heavy, and the sand weighty; but a fool's wrath is heavier than them both. Wrath is cruel, and anger is outrageous; but who is able to stand before envy?

Song of Solomon 8:6- Set me as a seal upon thine heart, as a seal upon thine arm: for love is strong as death; jealousy is cruel as the grave: the coals thereof are coals of fire, which hath a most vehement flame.

Envy and jealousy can lead you into great devastation and bitterness.

Exodus 15:23- And when they came to Marah, they could not drink of the waters of Marah, for they were bitter: therefore the name of it was called Marah.

There is a Godly jealousy.

- God wants to guard us from the influence of Satan and keep us for himself.
- Evil jealousy will destroy, but Godly jealousy will protect and guard us.
- God wants relationship with us for all of eternity.

Rejection

What is rejection?

• A sense of being unwanted; desperately wanting to be loved and accepted but being convinced that you are not

Jesus was rejected of men

Isaiah 53:3- He is despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were our faces from him; he was despised, and we esteemed him not.

Every temptation that we go through, Jesus went through as well

Hebrews 4:14-15- Seeing then that we have a great high priest, that is passed into the heavens, Jesus the Son of God, let us hold fast our profession. For we have not a high priest which cannot be touched with the feelings of our infirmities; but was in all points tempted like as we are, yet without sin.

Rejection is a form of unbelief because it says you are not accepted by God

Rejection says that in order to be accepted of God, you must be first accepted of men

Rejection makes man your God, which is idolatry

God knew you and the plans He had for you before you were born

Psalm 139:14-18- I will praise thee; for I am fearfully and wonderfully made: marvelous are thy works; and that my soul knoweth right well. My substance was not hid from thee, when I was made in secret, and curiously wrought in the lowest parts of the earth. Thine eyes did see my substance, yet being unperfect; and in thy book all my members were written, which in continuance were fashioned, when as yet there was none of them. How precious also are thy thoughts unto me, O God! How great is the sum of them! If I should count them, they are more in number than the sand; when I awake, I am still with thee.

We are created for love; rejection keeps us from receiving love

Ephesians 1:4- According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love.

Rejection produces guilt and shame, but God offers wholeness

Isaiah 54:4- Fear not; for thou shalt not be ashamed: neither be thou confounded; for thou shalt not be put to shame: for thou shalt forget the shame of thy youth, and shalt not remember the reproach of thy widowhood any more.

If you fail, God has made a provision for you

Proverbs 24:16- For a just man falleth seven times, and riseth up again: but the wicked shall fall into mischief.

We can have our identity so solid in the acceptance of Christ that everything else is a bonus

1 John 4:18- There is no fear in love; but perfect love casteth out fear; because fear hath torment. He that feareth is not made perfect in love.

2 Timothy 1:7- For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Accept God's calling and His love for you.

Jeremiah 1:5- Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb I sanctified thee, and I ordained thee a prophet unto the nations.

Romans 8:30- Moreover whom he did predestinate, them he also called: and whom he called, them he also justified: and whom he justified, them he also glorified.

Psalm 139:13-14- For thou hast possessed my reins: thou hast covered me in my mother's womb. I will praise thee; for I am fearfully and wonderfully made: marvelous are thy works; and that my soul knoweth right well.

Father God has adopted us out of the world, and instead of being abandoned, we are now accepted

Romans 8:15- For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.

Galatians 4:5- To redeem them that were under the law, that we might receive the adoption of sons.

For My Life® Online Guide

It is your choice whether or not to accept who you are as a son or daughter of God and to trust Him with your life

James 4:7-8- Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded.

Your submission to God and obedience to the Word is your journey and is freedom!

Occultism

Idolatry is being under the power of something in our life.

1 Corinthians 6:12 - All things are lawful unto me, but all things are not expedient: all things are lawful for me, but I will not be brought under the power of any.

What is Occultism based in? Traditions of men.

Colossians 2:4 - And this I say, lest any man should beguile you with enticing words.

Colossians 2: 6-8- As ye have therefore received Christ Jesus the Lord, so walk ye in him: Rooted and built up in him, and stablished in the faith, as ye have been taught, abounding therein with thanksgiving. Beware lest any man spoil you through philosophy and vain deceit, after the tradition of men, after the rudiments of the world, and not after Christ.

Satan used to be Lucifer the archangel who said in his heart, 'I will be....'

Ezekiel 28:15 -Thou wast perfect in thy ways from the day that thou wast created, till iniquity was found in thee.

Isaiah 14:13-14 - For thou hast said in thine heart, I will ascend into heaven, I will exalt my throne above the stars of God: I will sit also upon the mount of the congregation, in the sides of the north: I will ascend above the heights of the clouds; I will be like the most High.

Satan is the God of this world.

- **2 Corinthians 4:4** In whom the god of this world hath blinded the minds of them which believe not, lest the light of the glorious gospel of Christ, who is the image of God, should shine unto them.
- Satan's agenda is to counterfeit the Godhead, the Echad or pural unity.

Deuteronomy 6:4 - Hear, O Israel: The LORD our God is one LORD:

- To counterfeit the will of the Father
- Counterfeit the Word of God

Counterfeit the Holy Spirit

Ephesians 6:12 - For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

False religions offer a form of godliness but removes basic principles of the Kingdom.

2 Timothy 3:5 - Having a form of godliness, but denying the power thereof: from such turn away.

Denying that healing is for today comes out of an antichrist spirit (against Christ).

2 Thessalonians 2:10-12 - And with all deceivableness of unrighteousness in them that perish; because they received not the love of the truth, that they might be saved. And for this cause God shall send them strong delusion, that they should believe a lie: That they all might be damned who believed not the truth, but had pleasure in unrighteousness.

Occultism may be generational

• Free Masonry

1 John 4:3 - And every spirit that confesseth not that Jesus Christ is come in the flesh is not of God: and this is that spirit of antichrist, whereof ye have heard that it should come; and even now already is it in the world.

Trusting God gives us true peace

John 14:27 - Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Isaiah 26:3 - Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Meditative states and the blanking of the mind is not biblical

2 Corinthians 10:5 - Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

Philippians 4:8 - Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

Blessings are automatic when we are doers of the Word

Deuteronomy 28:2 - And all these blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the LORD thy God.

Satan uses the Word of God out of context in order to pervert the Word.

2 Timothy 2:15 - Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.

Python is the spirit of divination - counterfeits the Word of God drawing attention to itself.

Acts 16: 16-18 - And it came to pass, as we went to prayer, a certain damsel possessed with a spirit of divination met us, which brought her masters much gain by soothsaying: The same followed Paul and us, and cried, saying, These men are the servants of the most high God, which shew unto us the way of salvation. And this did she many days. But Paul, being grieved, turned and said to the spirit, I command thee in the name of Jesus Christ to come out of her. And he came out the same hour.

nner Healing can involve ungodly principles

Genesis 1:27 - So God created man in his own image, in the image of God created he him; male and female created he them.

• Hypnosis and the power of suggestion type therapies

Acts 26:13-15 - At midday, O king, I saw in the way a light from heaven, above the brightness of the sun, shining round about me and them which journeyed with me. And when we were all fallen to the earth, I heard a voice speaking unto me, and saying in the Hebrew tongue, Saul, Saul, why persecutest thou me? it is hard for thee to kick against the pricks. And I said, Who art thou, Lord? And he said, I am Jesus whom thou persecutest.

Visions and dreams are different

Acts 18:9-10 - Then spake the Lord to Paul in the night by a vision, Be not afraid, but speak, and hold not thy peace: For I am with thee, and no man shall set on thee to hurt thee: for I have much people in this city.

1 John 4:1 - Beloved, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world.

Galatians 1:8-9 -But though we, or an angel from heaven, preach any other gospel unto you than that which we have preached unto you, let him be accursed. As we said before, so say I now again, If any man preach any other gospel unto you than that ye have received, let him be accursed.

Repentance from dead works is the biblical answer

Unloving

The unloving spirit is:

A spirit that attaches itself to you, making you feel-

- self-rejected, unclean, unworthy, and no good and that you don't measure up
- wants you to reject yourself and who you are

Evidence of the unloving spirit:

- wants you to dislike yourself based on your outward appearance, your voice, your personality, everything about you
- wants you to debate with yourself as to whether you belong here or not
- wants you to think others hate you because you can 'see it in their eyes'
- wants you to isolate and not be in fellowship with others, it thrives in isolation

The Bible tells us we should love ourselves

Matthew 22:37-40- Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it, Thou shalt love thy neighbor as thyself. On these two commandments hang all the law and the prophets.

We can love ourselves EVEN though we are yet unperfected

Romans 3:4- God forbid: yea, let God be true, but every man a liar; as it is written, that thou mightiest be justified in thy sayings, and mightiest overcome when thou art judged.

God's eye is on you. You are the apple of His eye. You are the very focus of God's attention

Deuteronomy 32:10- He found him in a desert land, and in the waste howling wilderness; he led him about, he instructed him, he kept him as the apple of his eye.

Psalm 17:7-8- Shew thy marvelous lovingkindness, O thou that savest by thy right hand them which put their trust in thee from those that rise up against them. Keep me as the apple of the eye, hide me under the shadow of thy wings.

The Lord is our Helper, as we ask Him

Hebrews 13:6- So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

1 Peter 3:12- For the eyes of the Lord are over the righteous and his ears are open unto their prayers: but the face of the Lord is against them that do evil.

We won't be able to receive the chastening and instruction of the Lord properly

1 John 1:9- If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

There is nothing we can do to lose the love of God!

God even loves the rebellious

Psalm 68:18- Thou hast ascended on high, thou hast led captivity captive: thou has received gifts for men; yes, for the rebellious also, that the Lord God might dwell among them.

God's love is unconditional

We can never be good enough to gain more of God's love; we can never be bad enough to lose any of it, because it doesn't depend on how good or bad we are

2 Corinthians 12:9- And he said unto me, My grace if sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.

With an unloving spirit, we may struggle to properly obey God's Word. Our obedience is a natural result of our love relationship with Him

John 14:15- If ye love me, keep my commandments.

Addictions

What leads to addictions is the need to be loved

Genesis 1:26 - And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.

Galatians 5:22-23 - But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance: against such there is no law.

What is behind addictions?

• Spiritual bewitchment -

Galatians 3:1-3- O foolish Galatians, who hath bewitched you, that ye should not obey the truth, before whose eyes Jesus Christ hath been evidently set forth, crucified among you? This only would I learn of you, Received ye the Spirit by the works of the law, or by the hearing of faith? Are ye so foolish? having begun in the Spirit, are ye now made perfect by the flesh?

Genesis 3:11 - And he said, Who told thee that thou wast naked? Hast thou eaten of the tree, whereof I commanded thee that thou shouldest not eat?

On these two commandments hang all the law and the prophets.

Matthew 22:37-40 - Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it, Thou shalt love thy neighbour as thyself.

• Bewitchment affects our chemistry, then the enemy offers something as a fix.

John 14:27 - Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

- Satan can manipulate your physiology
 - Addictions cause us to become chemically altered

Galatians 5:19-21 - Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God.

• Do #G4238 - those who habitually practice as a way of life

You have a choice

- Who are you going to serve?
- Take responsibility, don't blame others

Fear

2 Timothy 1:7 - For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

It is through faith that we connect with God.

Hebrews 11:6 - But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.

Romans 5:1-2 - Therefore being justified by faith, we have peace with God through our Lord Jesus Christ: By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God.

Fear leads to idolatry in our lives

• What others say becomes higher than what God says

We must live by the Word of God

Matthew 4:4 - But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

Trusting in the Father, even in the face of death, keeps us from the bondage of fear

Matthew 6: 31 - Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

• Fear always involves taking thought for your life

Faith in the Word of God produces hope for the future

Hebrews 11: 1 - Now faith is the substance of things hoped for, the evidence of things not seen.

We must choose whether we will walk in faith or fear

Romans 8:2 - For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

Your obedience to the Word, mixed with you faith, is what will make you free

Hebrews 4: 2 - For unto us was the gospel preached, as well as unto them: but the word preached did not profit them, not being mixed with faith in them that heard it.

- To defeat Satan with the Word of God, you believe it, make it a part of your life and act on it, by faith
- Walking out in faith does not mean there is no more fear
- 1 Corinthians 2: 1-3 And I, brethren, when I came to you, came not with excellency of speech or of wisdom, declaring unto you the testimony of God. For I determined not to know any thing among you, save Jesus Christ, and him crucified. And I was with you in weakness, and in fear, and in much trembling.
- Allow yourself time to become a person of faith

Gifts and Baptism of the Holy Spirit

Gifts of healing and miracles are still for today.

• The one that did the healing through Jesus was the Father.

Acts 2:22 Ye men of Israel, hear these words; Jesus of Nazareth, a man approved of God among you by miracles and wonders and signs, which God did by him in the midst of you, as ye yourselves also know:

John 6:44 No man can come to me, except the Father which hath sent me draw him: and I will raise him up at the last day.

The Baptism with the Holy Spirit equips you, and it is subsequent to being born again.

1 Corinthians 12:8-11 For to one is given by the Spirit the word of wisdom; to another the word of knowledge by the same Spirit; To another faith by the same Spirit; to another the gifts of healing by the same Spirit; To another the working of miracles; to another prophecy; to another discerning of spirits; to another divers kinds of tongues; to another the interpretation of tongues: But all these worketh that one and the selfsame Spirit, dividing to every man severally as he will.

The Baptism in the Holy Spirit was a subsequent event to being born again.

Acts 1:8a- But ye shall receive power, after that the Holy Ghost is come upon you:

Acts 8:12 But when they believed Philip preaching the things concerning the kingdom of God, and the name of Jesus Christ, they were baptized, both men and women.

Acts 8:14-17-Now when the apostles which were at Jerusalem heard that Samaria had received the word of God, they sent unto them Peter and John: Who, when they were come down, prayed for them, that they might receive the Holy Ghost: (For as yet he was fallen upon none of them: only they were baptized in the name of the Lord Jesus.) Then laid they their hands on them, and they received the Holy Ghost.

In Hebrews chapter 6, with the Doctrine of Christ, the word baptisms is plural. There are four baptisms found in the New Testament:

- Baptism of water.
- Baptism with the Holy Spirit.
- Baptism with fire.

Matthew 3:11 I indeed baptize you with water unto repentance: but he that cometh after me is mightier than I, whose shoes I am not worthy to bear: he shall baptize you with the Holy Ghost, and with fire:

- Baptism in to the body of Christ.
- 1 Corinthians 12:13- For by one Spirit are we all baptized into one body, whether we be Jews or Gentiles, whether we be bond or free; and have been all made to drink into one Spirit.

Examples from the Old Testament of the Holy Spirit coming on people:

Jephthah was empowered with courage.

Judges 11:29- Then the Spirit of the LORD came upon Jephthah, and he passed over Gilead, and Manasseh, and passed over Mizpeh of Gilead, and from Mizpeh of Gilead he passed over unto the children of Ammon.

• The same Spirit that was on Moses was given to the seventy elders.

Numbers 11:24-25- And Moses went out, and told the people the words of the LORD, and gathered the seventy men of the elders of the people, and set them round about the tabernacle. 25 And the LORD came down in a cloud, and spake unto him, and took of the spirit that was upon him, and gave it unto the seventy elders: and it came to pass, that, when the spirit rested upon them, they prophesied, and did not cease.

It is the Spirit of God that does the work. We are the vessel being used by the Spirit.

Luke 11:20- But if I with the finger of God cast out devils, no doubt the kingdom of God is come upon you.

The Holy Spirit can be grieved.

Psalm 51:11 Cast me not away from thy presence; and take not thy holy spirit from me.

Christ is the Bishop of the Church.

Ephesians 1:22-23 Far above all principality, and power, and might, and dominion, and every name that is named, not only in this world, but also in that which is to come: And hath put all things under his feet, and gave him to be the head over all things to the church, Which is his body, the fulness of him that filleth all in all.

Christ was born of the Holy Spirit.

Luke 1:35- And the angel answered and said unto her, The Holy Ghost shall come upon thee, and the power of the Highest shall overshadow thee: therefore also that holy thing which shall be born of thee shall be called the Son of God.

• We must also be born of the Spirit

John 3:5- Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.

Jesus was filled by the Spirit without measure.

John 3:34- For he whom God hath sent speaketh the words of God: for God giveth not the Spirit by measure unto him.

• We might be filled with the fullness of God also.

Ephesians 3:19 -And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

• Jesus was baptized by the Holy Spirit.

Matthew 3:16-17- And Jesus, when he was baptized, went up straightway out of the water: and, lo, the heavens were opened unto him, and he saw the Spirit of God descending like a dove, and lighting upon him: And lo a voice from heaven, saying, This is my beloved Son, in whom I am well pleased.

We also will be baptized by the Holy Spirt.

Acts 1:5- For John truly baptized with water; but ye shall be baptized with the Holy Ghost not many days hence.

Jesus was led by the Spirit.

Matthew 4:1 Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil.

We should be led by the Spirit.

Romans 8:14 For as many as are led by the Spirit of God, they are the sons of God.

What does it mean to be sealed?

John 6:27 -Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of man shall give unto you: for him hath God the Father sealed.

What does it mean to be empowered by the Holy Spirit?

Acts 10:38- How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil: for God was with him.

Acts 1:8 -But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.

The anointing abides in you.

1 John 2:27- But the anointing which ye have received of him abideth in you, and ye need not that any man teach you: but as the same anointing teacheth you of all things, and is truth, and is no lie, and even as it hath taught you, ye shall abide in him.

John 16:13- Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come.

Jesus left planet earth so that the Holy Spirit could come on all of us.

Acts 2:33- Therefore being by the right hand of God exalted, and having received of the Father the promise of the Holy Ghost, he hath shed forth this, which ye now see and hear.

The promise of the Father was the Baptism of the Holy Spirit.

Acts 1:4-5 And, being assembled together with them, commanded them that they should not depart from Jerusalem, but wait for the promise of the Father, which, saith he, ye have heard of me. Act 1:5 For John truly baptized with water; but ye shall be baptized with the Holy Ghost not many days hence.

Acts 2:33 Therefore being by the right hand of God exalted, and having received of the Father the promise of the Holy Ghost, he hath shed forth this, which ye now see and hear.

What should we do?

Acts 2:38-39 -Then Peter said unto them, Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost. For the promise is unto you, and to your children, and to all that are afar off, even as many as the Lord our God shall call.

You shall receive power.

Acts 1:8- But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.

How do we receive the baptism of the Holy Spirit?

Acts 19:2-6- He said unto them, Have ye received the Holy Ghost since ye believed? And they said unto him, We have not so much as heard whether there be any Holy Ghost. And he said unto them, Unto what then were ye baptized? And they said, Unto John's baptism. Then said Paul, John verily baptized with the baptism of repentance, saying unto the people, that they should believe on him which should come after him, that is, on Christ Jesus. When they heard this, they were baptized in the name of the Lord Jesus. And when Paul had laid his hands upon them, the Holy Ghost came on them; and they spake with tongues, and prophesied.

Walk-Out

Why do we Walk Out?

- Every believer will go to the judgment seat of Christ.
- 2 Corinthians 5:10 For we must all appear before the judgment seat of Christ; that every one may receive the things done in his body, according to that he hath done, whether it be good or bad.
- We want to be blessed for eternity. This is why we Walk Out!

To Walk-Out well, you need to really understand the difference between sanctification of your soul and your spirit.

- 2 Corinthians 7:1 Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.
- 1 Thessalonians 5:23 And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.
- Sanctification of spirit (removing a spirit) and sanctification of the soul (overcoming old programming of mind, will and emotions).
- John 8:32 And ye shall know the truth, and the truth shall make you free.
- 1 John 4:18 There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.

Matthew 12:28 But if I cast out devils by the Spirit of God, then the kingdom of God is come unto you.

- Put on the mind of Christ.
- 1 Corinthians 2:16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

• Having done all STAND!

Ephesians 6:13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

How to overcome in temptation.

2 Chronicles 16:9 For the eyes of the LORD run to and fro throughout the whole earth, to shew himself strong in the behalf of them whose heart is perfect toward him. Herein thou hast done foolishly: therefore from henceforth thou shalt have wars.

• Temptation will come

James 1:2-4 My brethren, count it all joy when you fall into divers temptations; knowing this, that the trying of your faith worketh patience. But let patience have her perfect work that ye may be perfect and entire, wanting nothing.

• There is a blessing if you endure

James 1: 12-14 Blessed is the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him. Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempteth he any man: but every man is tempted, when he is drawn away of his own list, and enticed.

• Study the Word

Hebrews 2:1 therefore we ought to give the more earnest heed to the things which we have heard, lest at any time we should let them slip.

• OH JOY!!!!!! Not, Oh, no.

Hebrews 2:18 For in that he himself suffered being tempted, he is able to succor them that are tempted.

What to do when healing and victory doesn't come as quickly as you had hoped?

- Keep walking and set your jaw like flint! and decide to:
 - Keep your heart filled with the Word
 - Be thankful

- Don't think, "I can't do this"
- Don't be sluggish
- Hold every thought captive
- Stop living in the past
- Guard your heart
- Pouring over the Word prepares you to be ready for battle!

John 14:26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.

Equipping Generations of Overcomers: What We Offer

Register for these Retreats at www.beinhealth.com

For My Life

At Our Campus in Thomaston, Georgia, USA

This life-changing week-long ministry program will bring wholeness to your spirit, soul and body. You will learn the principles of sanctification that restore relationships. Along the way you may also receive physical and emotional healing. The issues we address include: fear, stress, guilt, self-hatred, shame, rejection, lack of trust and resentment. Ministry and deliverance are offered throughout the week.

For Children and Youth

While parents are attending For My Life®, their children ages 6-12 and youth ages 13-18 have a program just for them. We take the same principles from the adult classes and make them applicable to the next generation. Age-appropriate games and activities make it a fun week and families are changed for the better!

For My Life Online

The For My Life Online is derived from video of the For My Life, week-long program at the Thomaston, Georgia campus.

Walk Out Workshop®-WOW

At Our Campus in Thomaston, Georgia, USA

WOW takes the principles from For My Life® and allows you an opportunity to practice what you've learned. Our focus is on overcoming and the journey that sanctification requires. You'll participate in skits, have small group discussions, watch videos and get a chance to formulate practical ways to implement what you've learned. WOW is also available for youth (ages 13 - 18) and children (ages 6-12). For My Life is a prerequisite.

Spiritual Lifeline®

Get help for your life from a BiH trained minister either by phone or Skype. There are no prerequisites. Please call 706-646-3000.

Connect with us by Email

Get email updates and encouraging words sent to your inbox every week. Subscribe at www.beinhealth.com and also receive our free e-book, "5 Reasons God Wants You Whole".

Social Media and Website/Blog

We enjoy sharing video teachings, testimonies, and resource excerpts on our Website, Blog, and Social Media sites. Be encouraged as you journey with us and visit us at www.beinhealth.com for our blog and video teachings, for testimonies, as well as Facebook, Twitter, Instagram, Pinterest, and YouTube.

Overcomers' Community

With your computer and internet access, you can bring Be in Health® into your home through our Overcomer's Community. Your monthly subscription includes:

- 24/7 access to an online community of overcomers
- Excerpts from current Hope of the Generations Church Services
- Our trained team will answer your questions on our bulletin board forum
- Connect with BiH team members and other community members
- Research on the possible spiritual roots of disease
- 10% discount on all resources (apparel and snacks excluded)
- Weekly e-newsletter

<u>Sustaining Partner's</u>



The monthly Sustaining Partners program is an opportunity for you to join with many other brothers and sisters in giving to the Scholarship Fund.

The Scholarship Fund provides tuition help for those that want to attend the For My Life® Retreat but do not have enough money.

Become a sustaining Partner with Be in Health® through automatic monthly giving. Together we can expose the thief and help restore the lives of thousands of our brothers and sisters.

My Name:		Date:
	As it appears on the credit card, if using	
Address:		
	Billing address for credit card	
City, State/Province:		
Country:		Postal Code:
Email:		
I will give the following amount to help establish generations of overcomers:		
 \$25 per month \$50 per month \$100 per month \$ per month. 		
Regarding monthly gifts: Your first contribution will occur the day we receive this form and then monthly on the same day until you notify Be in Health otherwise.		
□ VISA	□ AmEx Card #	
□МС	□ Discover Exp. Date:/ Month Year	CVV Code:
Giver's Signature: _		Phone:
Confidentiality: Be in Health® keeps all of your personal information strictly confidential and will not sell or share it with any other organizations or individuals.		

You will receive an e-mail confirmation of your donation. Contact us to make changes to your gift.

Thank you for your continuous support!

Pastor Donna Wright, Co-Founder and CEO