



*Be in* Health  
2016 IMPACT REPORT



## **Lives and Families Changed!**

*What the enemy intended for evil, God meant it for good. Genesis 50:20*

Only 6 days into her son's life, Angel was struck with the most severe and rare form of postpartum depression known as Postpartum Psychosis – an illness so serious that 1 in 20 sufferers commit suicide and 1 in 25 commit infanticide. Today she has overcome Postpartum Psychosis and she has had three more beautiful children!

*Within two weeks of attending For My Life, I was a **changed woman**. I was in my right mind and no longer afraid! All torment was gone! I had peace, joy and hope. I was full of life instead of death. My spirit had been renewed. Most importantly, I was able to fully embrace being a mom, caring for and loving the gift of my precious son. When we left Be in Health, I felt as if it was the first day of **a new and beautiful life**.*

Angel B., Massachusetts

Because of your contributions we are able to teach and disciple families like Chris & Angel's to help them break free from the enemy's snare. We help adults and families go **from surviving to thriving!**

Be in Health helps us **understand the connection** between our broken relationships and disease. We work with people who are **willing and ready to change** in order to strengthen their relationships with God, self, and others which produces **hope and health**.

Be in Health, LLC is a ministry outreach of Hope of the Generations Church.

**Dear Overcomer,**

*Our hearts are filled with joy and anticipation for the future as well as gratefulness for the commitment of friends like you walking with us. We are amazed at what our Father has done, and continues to do through this small outpost for heaven.*

*We have seen major growth and development over the past few years on different levels. We attribute some of those changes to a decisive meeting in 2013 where our leadership defined our mission to be "establishing generations of overcomers". This statement has refined our direction and strengthened our team. Although this statement is recent, it is what we have been actively doing for over 30 years.*

*Our leadership team took time away together to solidify four core values of Be in Health and our Team.*

**Real**

**Mission-Focused**

**Safe**

**Word Yielding**

*Real – Honesty with God, self and others is indispensable in the Kingdom of God when serving others.*

*Mission- Focused – Our decisions and our behavior yield to Establishing Generations of Overcomers, which is the mission of Be in Health and Hope of the Generations Church.*

*Safe – We must be a safe place for all people regardless of life background, personal challenges, or health status.*

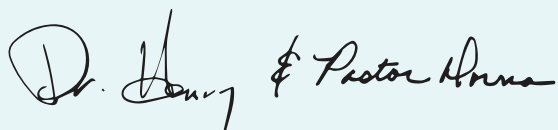
*Word-Yielding – Most importantly, we hold true to the ever-unfolding revelation of the Word of God.*

*We have heard many people say that they see positive changes at Be in Health® since we defined our mission and core values; and there will be more to come as we continue to hone in on what the Father has for us.*

*In this report we're going to share with you how God's grace is transforming lives and families. We invite you to come alongside us in the mission and become a partner by joining Overcomers' Community and contributing financially. Together we can keep changing lives for His Name's sake.*

*May you be blessed by what you're about to read, and our prayer is that you will continue to join with us in establishing generations of overcomers.*

*Most Sincerely,*



Dr. Henry Wright, Founder and President  
Pastor Donna Wright, CEO

## **People Serving People to Offer HOPE**

What's unique about Be in Health is that the Team Members themselves have walked out of the enemy's snare and into many blessings; each individual is willing to share their journey so as to help another person break free and overcome.

...



## **For My Life Changes Lives**

**A**fter suffering 28 years with a myriad of diseases, at the young age of 55 Cindy was dying. In a last ditch effort to save her life, her husband drove her to Georgia for the For My Life program.

*When I was in my twenties, I developed many diseases that included Depression, Hypothyroidism, OCD, Anxiety Disorder, Celiac Disease and 29 different food allergies. I went along with my life and lived with these diseases and others for the next 28 years, but by November of 2011, I became seriously ill. I had been diagnosed with a severe case of Multiple Chemical Sensitivity/ Environmental Illness and couldn't tolerate clothing, my house, mold, natural gas, electricity, perfume and even unscented deodorant, to name a few.*

*I saw world-renowned doctors all over the country to try to find the root of my illness. As the diseases multiplied,*

*I tried all kinds of medications, prescribed by more than 40 medical, homeopathic and alternative medicine doctors and experts.*

*I have been healed now more than 2 years. I have gone back to work full time as a substitute teacher. **I am joy-filled and full of faith!** The biggest change in me has been on the inside; I know how much God loves me! I love myself and others. I am quick to forgive myself and others and I've learned to be quick to repent when I mess up. I am truly enjoying life and everything that God has to offer! These are the best years of my life and **for the first time I know who I am.** I am so thankful and blessed that God is my Father, and that he has a wonderful plan and purpose for my life.*

*Cindy C., Illinois*

*Who forgives all your iniquities; Who heals all your diseases.*

*Psalm 103:3*

## **For My Life Serves The Body of Christ**

**F**or My Life is a one-week teaching and ministry program to show you what the Bible says about spiritual roots to disease and how relationships can be restored. Sanctification can and does remove sickness and restore lives.

### **Our Teachers**

There is a thorough review process to ensure that we

are properly teaching Be in Health® principles and the Word of God.

### **Our Connection Lounge**

This is the place for For My Life® attendees to connect with Team Members who have walked this journey before them. Team Members make Connection Lounge times and teachings their top

***We make it our duty to be safe place.***

priority during For My Life® program weeks. Each Lounge time slot is staffed with a Be in Health® pastor, the teacher, a backup teacher on the same subject, 1 Team Member, an Overcomers' Community rep, and a Resource Lounge sales rep. That's a lot of people to connect with!

### **Our Triple For My Life® Programs**

For My Life is also available for your children (ages 5-12) and youth (ages 13 -17) in the summer months. We have Team Members and volunteers eager to serve you and your entire family through all three simultaneous For My Life® programs (adults, youth, kids) in June, July and August.

## **What it takes to put on For My Life**

# 31

Team Members  
(Paid Staff)

# 15

Connection Lounge  
Times with 6 Team  
Members

# 115

Time slots filled by  
Team Members in a  
For My Life week!

# 24

Teachers

# 18

Times Resource  
Lounge is Open

# 1,412

Lives ministered to  
in 2015!

# 25

Classes to fill

## **Volunteers**

# 52

Volunteers served in  
2015.

# 6,309

Total volunteer hours!

*Thank You to each and every one of you – You are at the heart of this ministry.*

*"And the servant of the Lord must not strive; but be gentle unto all men, apt to teach, patient, In meekness instructing those that oppose themselves; if God peradventure will give them repentance to the acknowledging of the truth; And that they may recover themselves out of the snare of the devil, who are taken captive by him at his will. "*

2 Timothy 2:24-26



**T**hrough attending For My Life Youth, Catherine (16), **learned to overcome** broken-heartedness, rejection, and confusion over the Bible. She was able to truly forgive and release the past so that her heart is now healed. She also was able to regain her **firm understanding of the Word**.

Catherine and her entire family were an absolute delight to serve; we can't wait to see them again in Georgia!



## We Make Attending For My Life® Possible for Everyone

**297**

people attended City of Refuge 2015!

**394**

For My Life Scholarships given 2015!

**\$157,206**

Total Value of For My Life Scholarships given in 2015!

### City of Refuge: One Week Can Change Lives

In 2009, when Dr. Wright considered the thousands of lives restored through For My Life®, he decided to waive the tuition fee of the program once each year during the month of December. He created the City of Refuge week, which is a For My Life® program,

in Thomaston, with only a \$25 per person registration fee. This makes attendance possible for those who could not otherwise afford to attend.

Without our faithful donors and new donors this remarkable week would not have been possible.

## Programs for Your Journey

**14,199**

lives touched through our programs since 2010!

### Walk Out Workshop

Four hundred and eighty lives overcame greatly by taking the Walk Out Workshop program in 2015. It is a one-week discipleship and practical discernment course designed to help you utilize For My Life® teachings and apply the principles on a daily basis.

Most people find that For My Life and Walk Out Workshop radically changed their life. They say, "If only I had learned these principles sooner." *This is how you begin having the life you've always wanted—being immersed in God's love, being able to properly love yourself, and then out of the fullness of those two foundations, truly loving others.*

### Overcomers' Community - O.C.

At the heart of the O.C. is our desire to establish generations of overcomers. Sometimes the walk out of overcoming is daunting on your own. O.C. gives you the peace of mind knowing that you don't have to walk out alone, and the confidence of having a team with personal experience of overcoming in their own lives using the principles you were taught in For My Life. The Overcomers' Community is also the way to get to know us at Be in Health and for us to get to know you!

We have members in all

**50** states and **19** countries!

Join the Community today and find yourself in a body of believers who are overcoming!

### **Spiritual Lifeline – WE ARE HERE FOR YOU**

The most individualized ministry we offer! Using the For My Life principles, we will help you identify what could be interfering with your journey of overcoming. And we will cheer you on toward the victory that is yours! Ministers are available by phone or Skype.

**723** Individualized Ministry Hours in 2015.

**55** S.L. Scholarships given totaling \$5,445!

**18** Spiritual Lifeline Ministers – i.e. Team Members who've walked this journey and are moved with compassion to help you overcome!

### **Overcomers' Conference Tour**

Dr. Henry Wright and his wife, Pastor Donna Wright, and the Be in Health Team host an exciting three-day conference to equip you to be overcomers in your life! They bring new teachings and engaging panel discussions that will give you insights into life issues, spur you onward with God, and give you inspiration to restore relationships in your life. The Overcomers' Conference Tour takes place in major U.S. cities four times a year.

### **1 Day Specialty Conferences**

In 2015 We Hosted:

- **Prayer that Makes a Difference**
- **Unraveling Iniquity**
- **Overcoming PTSD**
- **Who Am I**
- **Overcoming Depression**

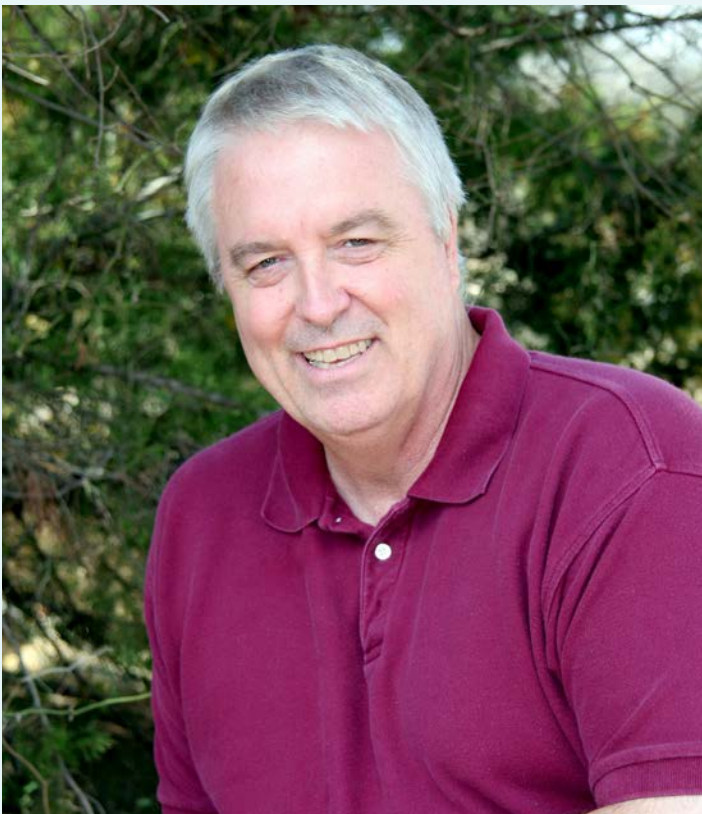
Dr. Wright and the team bring teachings that will help you gain a greater understanding of the Word of God and its application to your life. These extremely popular conferences have people flooding to Thomaston from all over America, Canada and various other countries to participate in the journey of overcoming at these special conferences.

**3,091**

people received understanding and freedom through attending a conference in 2015.

***We're a changed people who want to see other lives change for the Glory of Father God, and His Son Jesus.***

## **Celebrating Healing and Transformation**



**A**t age 30, I had my first major nervous breakdown. This was 10 years after returning from serving as a medic in Vietnam. The initial symptoms were like a combination of claustrophobia and a panic attack. For over twenty years, I was severely depressed every day, anxious, and in significant pain throughout my body.

On one hand, attending For My Life was one of the hardest things I've ever done because I was so sick, in pain, sleep deprived, and on a boat load of drugs. On the other hand, it was the best thing I've ever done besides receiving the Lord. The power of God and the truths being taught were immediately bringing me hope and freedom. That week strongholds were pulled down, generational iniquities were broken, and I was miraculously delivered from 22 years of depression.

John A., Texas

# ***Is it possible that lives can be radically transformed?***

***“But Jesus beheld them, and said unto them, With men this is impossible; but with God all things are possible.” Matthew 19:26***

## ***Groundbreaking Study***

In 2011, Be in Health® was asked to participate in a three year study to track the impact of the For My Life® program on qualified individuals that attended the program at the Be in Health® campus in Thomaston, Georgia, from 2011-2013. This peer-reviewed study titled, "Effect of a Faith-Based

Education program on Self-Assessed Physical, Mental and Spiritual (Religious) Health parameters" (the PHYMSH study) was professionally performed and undergirded with Institutional Review Board (IRB) approval of the Human Research Ethics Committee of Stellenbosch University.

***The results specified with clinically measurable, scientific evidence that attending the For My Life® program significantly benefited individuals in the areas of depression, stress and anxiety, as well as a brighter outlook on life, greatly increasing the individual's ability to overcome.***

**W**e are pleased to announce that the results of this, first of its kind, groundbreaking study has been published and is now available online for review for a fee at [www.link.springer.com](http://www.link.springer.com). You will find it by searching its unique Digital Object Identifier (DOI) 10.1007/s10943-015-0129-z.

The good news is traveling fast of God's power in the earth! Pray the amazing results of this study will draw people to Be in Health® so we might serve them and propel them into their own Overcomers' Journey!

### ***National Statistics:***

- 1 in 10 Americans report having some level of depression.
- In those who are diagnosed with major depression, medication and psychotherapy only work 60 to 80% of the time.
- Healthcare costs for those who are depressed are nearly 50% higher than those who are not depressed.
- Serious mental illness costs America \$193.2 billion in lost earnings per year.
- 18.1% of adults in the U.S. experienced an anxiety disorder such as post traumatic stress disorder, obsessive-compulsive disorder and specific phobias.

Source: [www.nami.org](http://www.nami.org)

### ***God's Statistics - Impact of For My Life over a 3-year period:***

- 91% of those with major depression were healed!
- 90% report a reduction in stress levels!
- 88% of those with disease now have hope that they will be disease free!
- 86% indicated a lasting, positive attitude about coping with stress!
- 84% report a more positive outlook on life!
- 70% report a positive attitude change toward God!

***Statistics like this are unheard of! Thank You Father for the provision through Jesus to overcome!***



## **Diligent Stewards**

**W**ith such an effective Biblical message backed by proof of professionals and God, we see that it is vital to have trusted legal accountability and a solid financial foundation. (1 Timothy 3:7).

We are under excellent financial and legal counsel at Be in Health®. Our external accountants are very pleased with our foundations and practices. We work with our external financial and legal counsel to maintain compliance in all areas.

Your gifts make it possible for us to stay in excellent standing in these imperative areas. We take every preventative measure to ensure legal and financial soundness so we can stand the test of time and keep changing lives for the Glory of God for generations to come.

See what our attorneys-at-law have to say about us...

***“In our dealings with Be in Health®, we have never doubted that the current leadership is committed to honesty, integrity, and fidelity to biblical ethics.”***

Jonathon T. McCants

Bird, Loechl, Brittain & McCants, LLC, Attorneys at Law

A law firm focused on serving the unique needs of business owners, high net worth individuals, charities and foundations. The firm is in its 30th year, is listed in the Bar Register of Preeminent Lawyers, and is AV-rated by Martindale-Hubbell Law Directory.



## **We Have A No-Debt Policy**

***Be in Health has a no-debt policy! Nothing is purchased unless the cash is available to pay for it. Thanks to exceptional gifts from our faithful donors we own The Hope Inn free and clear!***

In the Spring of 2015 we had high hopes of acquiring this property that was on the market. We sought our Father and asked for the finances. We reached out to our Be in Health family via email and we received all the cash needed to pay for this beautiful accommodation in full. We were able to stay true to our no-debt policy and purchase this valuable property.

***Over \$91,000 was raised!  
Thank You Donors!***

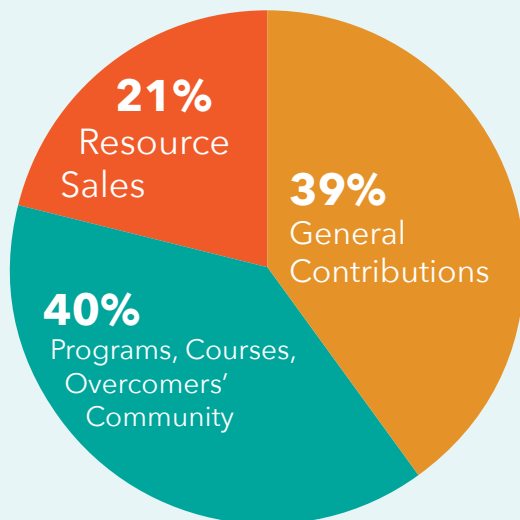
May your hope be restored as you stay at our new and near-by accommodation while joining us for our programs and conferences! Remember, because The Hope Inn is paid for in full, every stay helps **support the mission of Be In Health®!**

*All gifts are tax-deductible to the fullest extent of the law. We are committed to stewarding our funds to make the greatest impact possible in establishing generations of overcomers.*

## Laboring Together

Our Total Revenue for 2015 = \$2.3 Million

Income Sources

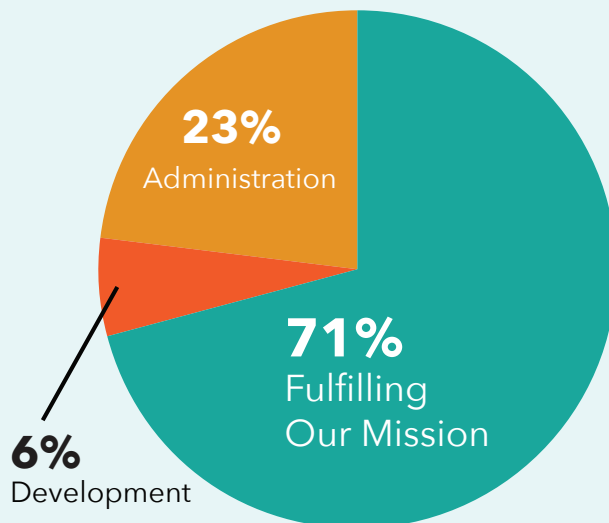


**Programs, Courses and Overcomers' Community = 40%**

**Resource Sales (Books, CDs & DVDs) = 21%**

**General Contributions = 39%**

How we used the money



**Fulfilling our mission = 71%**

Everything that goes into all of our programs and conferences incl. salaries of Team Members who give of themselves through expertise, teaching, and serving program attendees.

**Development = 6%**

Developing funds to fulfill our mission

**Administration = 23%**

Utilities, maintenance for 3 properties, accounting incl. salaries, office supplies and software, insurance, legal and accounting fees.

### The Teams Behind the Scenes:

1. Non-Profit and Legal Compliance
2. Accounting/Bookkeeping
3. Fund Development
4. Copyrights/Library of Congress/Intellectual Property Preservation
5. Partnerships
6. Association of Churches Teaching and Serving (ACTS) formation
7. Curriculum Development
8. Reception
9. Registration – 2,000 intakes per year! 3,000 Conference registrants per year!
10. Traveling Conference Team and Coordination
11. Resource Creation and Editing
12. Connection Lounge Team
13. Resource Lounge Team
14. Overcomers' Community planning & support
15. Overcomers' Journey support – including Spiritual Lifeline
16. Website/Blog traffic and analytics
17. Social Media Outreach
18. IT/Network
19. Film Team
20. Audio/Podcast Production
21. Security Team
22. Housekeeping/ Maintenance
23. Retreat Center and Hope Inn Housekeeping & Maintenance
24. Volunteer Interviewing and Coordination
- 25. YOU!!!**

# **We Want You to Join Us!**

*There are 2 ways in which you can join us*

## **1. Continue to Partner Financially**

As you can see from viewing this report, we rely on God, willing vessels, and donors like you to make this all happen. We see every donation from our donors as a gift from the Father to keep doing what we do. Continue to contribute and know that we are forever grateful for the blessing of serving those who come to Be in Health.

## **2. Join our Overcomers' Community**

What causes great joy to rise in our hearts is when like-minded people join us in fellowship. Through Overcomers' Community this is possible for you no matter where you are in the world. Being an active member of the O.C. means we get to know you and you get to know all of us as well. We are a body of believers; we learn together and share with one another, our joys, our struggles, our victories while always staying centered on the Godhead and the Bible.

## **Take a look at what a few members said when asked 'why join Overcomers' Community':**

*It is such a great way to have the connection, support, relationships, and help you need once you go home. Most of us run into resistance in families and churches when we go home; we do not have the type of support we need. The church services, For My Life teaching videos and email newsletters are crucial to keep us on course as we do our walkouts. Thank you for being there for us!! -Valerie*

*Reading others' testimonials can help you apply the principles and overcome in your own life. Best of all, it keeps you plugged in with like-minded believers - I love the fact I have family on there that I have never met. It is a safe place to grow. -Chana*

*The Overcomers' Community has been my go to for research for myself and others that I reach out to help. It's where I grow in understanding. I would say everyone should join the Community; it is a lifeline to overcome so the name "Overcomers' Community" is perfect. It is worth every penny. God bless! -Carol*

***Are you convinced yet? Every Team Member at Be in Health is active on Overcomers' Community.***

*"It's part of our job, but it's pure joy to be apart of something so wonderful. It's like a little piece of heaven each day." -Kate, Team Member*

***Sign up today at [BeinHealth.com/oc](http://BeinHealth.com/oc)***

## **Help Us Establish Generations of Overcomers**

**T**he family on the back cover has been walking with Be in Health for 3 years now. They are **overcoming generational iniquity and are partaking of great blessings...**

*"...therefore choose life, that both thou and thy seed may live..."*

Dueteronomy 30:19a



Kevin, Kelly, Nathan (3), Katie (9 mo). Members of Overcomers' Community

## Generations Restored

**K**evin and Kelly brought home a healthy and happy baby boy from the hospital. Eight weeks into baby Nathan's life, his skin began to turn dry, red, itchy, and began to crack and bleed. He was miserable and his mom and dad became hopeless after trying everything, including prayer.

As Kevin and Kelly repented for things in their own lives and received healing, Nathan's **skin began to heal**. In no time at all, Nathan changed back into his

fun-loving self and the happy personality he was born with returned.

Today Nathan is a well-spoken 3 year old; He takes authority over the spirit of fear in his life and tells the enemy "***I am a son of God by faith***, leave me alone."

*"For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind."*

2 Timothy 1:7

CUT LINE

Enclosed is my gift of:

\$1,000  \$500  \$100  \$50  \$25  
 Other \$ \_\_\_\_\_

To Donate by Phone Call: 706-646-2074 ext. 117

Donate Online: [www.beinhealth.com/donate](http://www.beinhealth.com/donate)

Please bill my credit card

Name: \_\_\_\_\_

Card #: \_\_\_\_\_ CSC \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Amt: \$ \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Your gift will be used in the area of greatest need. We are grateful for your generosity, and so are the individuals and families we serve. All donations are tax deductible to the fullest extent allowed by law. Thank you!

Be in Health • 4178 Crest Hwy • Thomaston, GA 30286

## Help Us Share Be in Health

Do you know someone who needs hope? Is there someone in your life who is sick and struggling in their relationships? Share this report with them and encourage them to sign up for For My Life at BeinHealth.com. We have witnessed change in thousands of lives and we would like to help your friends and family members overcome too.

## Let's do this together!

Be in Health.com



CUT LINE