

# Be in Health<sup>®</sup>

## NEWSLETTER

JULY • AUG • SEPT 2016

### Overcoming Iniquity - Janice's Testimony

**O**n February 8, 2002, at the age of 52, God was merciful to me. He delivered me and I was healed of fibromyalgia. I had never experienced or even seen deliverance before. My daughter also was delivered and healed at the same time. She was headed down the same road of sickness I had all my life.

That experience made my husband and I, and our daughter realize there is much more to living than just getting through each day, going to church faithfully, praying, reading our Bibles, while waiting to die and go to Heaven. There really might be something to the scripture that says, "Jesus came to give us life and life more abundant." Up to that point in 2002, my life hadn't been very abundant. As a young wife and mother of two young children, I was sick, depressed and in pain constantly. I had fibromyalgia, an extremely painful syndrome, chronic bronchitis, chronic UTI along with hospitalizations, constant colds and various infections. I later developed an extreme case of Epstein Bar, interstitial cystitis, lichen sclerosus, and hypoglycemia. In addition, I had cognitive dysfunction, memory issues, and shingles twice.

After my second child was born, I was diagnosed with sarcoidosis disease, which attacks the major organs of the body. At this same time I had clots in my legs because of a fall during pregnancy that put me on crutches for my last trimester. After my daughter's birth I hemorrhaged; however, they couldn't treat me because of the blood clots. I was on steroids for over a year and I became mentally ill with depression and an anxiety disorder. I was a mother of this newborn and a 2 ½ year old boy



*Janice*

and I couldn't care for either of them. In fact, most of their care was by my mother-in-law and my husband. Guilt set in because I watched my little boy struggle with confusion and fear over what was happening to his mommy. I myself was so confused and fearful with all that was happening to me. I became angry that I couldn't be the one to care for my children the way I always dreamed about. My life was being stolen from me.

I spent thousands on homeopathic remedies, chiropractic appointments, and massage therapy. The fibromyalgia got so bad I thought I would end up in a wheelchair. I couldn't lift my arms and I had

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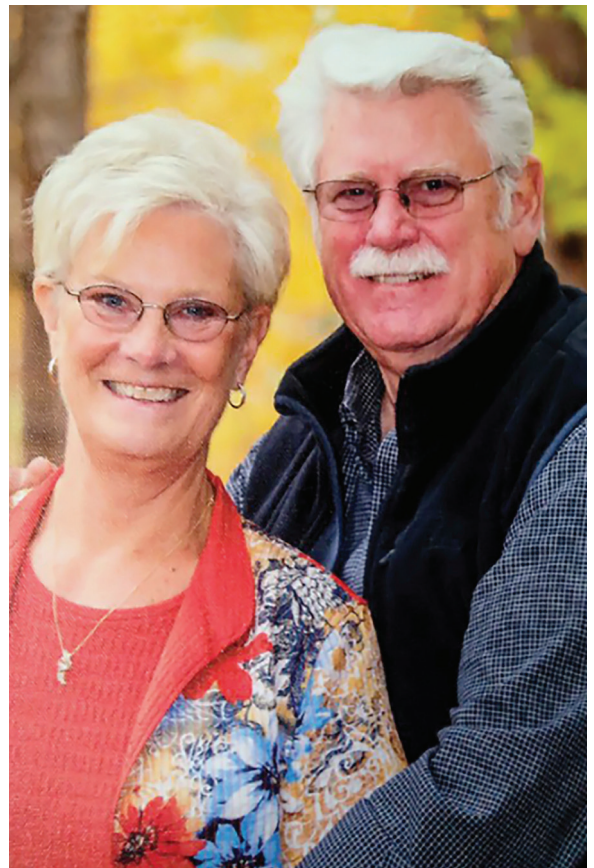
to stop wearing certain shoes. Everything I tried helped some, but nothing healed me. As a believer, I asked for prayer and anointing with oil many times; when I wasn't healed I would beat myself up spiritually because we had been told, "You need more faith". Doctors told me I would have to learn to live with the pain. This only added to my fear and depression. I had no hope and I ended up on anti-depressants, and I found myself seeing therapists.

With help from a friend, I began to seek God for healing. I searched the scriptures to build my faith, because I hadn't seen much healing in the 30+ years I had been a believer. My heart was so hungry to know more about the God I thought I knew. My dear friend persisted with me for two years reminding me, "God wants to heal you." Then, Christmas 2006, my daughter gave my husband and I the book *A More Excellent Way* by Dr. Henry W. Wright. This book opened our understanding of scripture. As we read it together our hearts were filled with hope, finally understanding the Bible which caused us to realize there might be a "missing link" for God's people. Could it really be that God wants to forgive us of ALL our sins as well as heal us of ALL our diseases? God began to teach me of His great love for me and how important it is to love myself and others –Matthew 22:37.

At the age of 52, God healed me instantly of fibromyalgia, but I was still dealing with other diseases and syndromes. We attended For My Life® in 2007 and I learned about possible spiritual roots of disease, many of which I recognized I inherited. I was taking pain meds four times a day when I arrived at Be in Health®; when I left I was on zero a day. I received healing in areas and I began the process of walking according to God's Word based on knowledge. I learned through Be in Health that His perfect will is not to heal us, but that we do not get sick. God wants us well! He is for us and not against us. He is not out to kill us, but to give us life more abundant!

I now have no diseases, no syndromes, no depression; I have more energy, more clarity in my thinking, and I'm not on any medications. I've never felt better! My body is doing daily what God created it to do, to function properly as I apply His truth to my life.

As I look back at those years I wonder how I got through it. It's clear now that Father God was with me all the way, teaching me by His grace until I came into truth. I thank Him for not giving up on



*Janice and her husband, Jr.*

me while I was looking everywhere else first. I'm grateful to the medical field and those who practice alternative medicine, but the Great Physician has the answers for complete healing.

I am a 66 year old woman and healthier and more energetic than I was at age 30! Hallelujah to the Lamb of God whose blood was spilled for the forgiveness of all my sins and whose body was broken that I might be healed of all my diseases! God is no respecter of persons. What He has done for me, He can do for you. It's never too late to believe that.

As a result of these wonderful truths of the scriptures we have embraced them with a heart's desire to help others overcome; God has called my husband and me into full-time ministry. We are both ordained ministers of the Word of God and have an independent church called New Song Church, established in March 2008 (an affiliate of Hope of the Generations Church of Thomaston, GA). We have witnessed healing in the people of our flock that God has given us to care for; It's amazing to see the hand of God at work the way it should be in the church today. - Janice L., ME

# YOUR IMPACT

## **\$11,500 RAISED FOR YOUTH & KIDS!**

It's amazing to see the funds provided so that we can teach the next generation how to be overcomers. Our first set of Triple Programs of the year started out with a bang! (That's, Adults, Youth, & Kids For My Life® & Walk Out Workshop® programs). God met us as we served **47 men, 81 women**, and **58 youth & kids** with truth in love.

We've got many children, youth, and adults already registered for our July and August programs! Father, we ask in Jesus' Name that you meet these precious ones in their desire to be free. May they come to

know you as their loving Heavenly Father so that they may be made whole in their spirits, souls and bodies. Amen.

If you have given financially to the ministry of Be in Health®, you need to know that YOU make it possible for lives to change. We are a unique ministry that consists of people serving people because of our great compassion to see others made free as we are. When you make a gift to Be in Health®, please know you are establishing generations of overcomers. May you remember this with every gift you make.

***GOD BLESS YOU & THANK YOU FROM THE BOTTOM OF OUR HEARTS!***

## **UNRAVELING INIQUITY** - Now available on CD!

**W**hat is iniquity? Is it different than sin? Can iniquity be defeated?

Even after we become born again, we find that there are deep-seated ways of thinking, speaking,

and acting that do not match who God says we are to be. We hate it, we want to change, but we don't understand how to recognize and defeat these destructive patterns. Dr. Henry W. Wright has set out to help us understand iniquity scripturally and why it matters in our journey of overcoming.



*Be in Health® helps you understand the connection between our broken relationships and disease. We work with people who are willing and ready to change in order to strengthen our relationships with God, self, and others which produces hope and health.*

*Be in Health® is a ministry outreach of Hope of the Generations Church.*

# Conforming to the Law of Liberty

by Dr. Henry W. Wright

In the beginning, you first had to recognize the urgency for a Savior. You had to take ownership for a life that was in service to sin. Now, as a daily expression of that salvation, your life must continue in that same urgency. A “new man” must grow up, and pursue the Father because he was created to contain righteousness and true holiness. Now mark these words down: righteousness and true holiness.

These may be difficult words for Christians because the accuser does not want us to change. We are not totally sinless or perfected even after a salvation decision, but true believers of the Father want to be. We want to be. Paul clearly said in Romans 7 that he wanted to be without sin.

<sup>22</sup> For I delight in the law of God after the inward man: <sup>23</sup> But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members. <sup>24</sup> O wretched man that I am! Who shall deliver me from the body of this death? <sup>25</sup> I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin.

**Romans 7:22-25**

You must look into the same mirror that James described. That mirror is the mirror of the perfect law of liberty. When you look into the mirror of what God said you should look like, and you turn away from that mirror, you must not forget what you should look like, or how you should think, speak and act.

I'm going to define for you what righteousness is. It's such a misunderstood term. We always think of righteousness as only applying to God, as if He is the only one that can have it. Righteousness simply is this - God's nature. It is how He thinks, speaks and acts. If we've been created in His image, then His image includes His righteous character as part of us. We ought to think, speak and act, as a mirror of His nature to some degree in the earth. Righteousness

needs to be observable in our character if we want this planet to be what God intended.

The whole planet will not be saved before the coming of Christ, but somebody has to set the standard for His righteousness and holiness without legalism so that mankind is without excuse. That is the basis of why you will judge angels one day - 1 Corinthians 6:3. How you conduct yourself when you do not see God, is accounted to you as righteousness. God observes you in your imperfect state as you live by faith with a heart of love for Him. He records your thinking, speaking and acting to prepare you for your assignment in eternity. Let your life be known as one that pursued what He wanted as an object of His heart in your life.

With all this in mind, let's look at what true holiness is. There's such a debate, with Christians even, about holiness. “Well, I can't be like God. I can't be holy like He is.” Yes, you can. “Yeah, but He's God.” Do you have a member of the Godhead with you? Of course you do - He is the Holy Spirit! So don't tell me that you can't be like God in His personality. The Father has given you, through the Holy Spirit, the power to become a son of God - John 1:12. Stop resisting the perfecting process after salvation. The Holy Spirit is here to help you be an overcomer. The Father wants you to apprehend His holiness in creation and emulate it by obedience and conviction. For example, I want to be a forgiving person. I want to be a person of faith. I want to be like my Father in heaven. How about you?

... even so now yield your members servants to righteousness unto holiness.

**Romans 6:19**

In conclusion, righteousness and true holiness is what a human being should look like, think like, speak like, and act like as an extension of the Godhead in the earth.

# Overcomers' COMMUNITY™

## WHAT ARE YOU A PART OF?

See what our friend Natasha shared about Overcomers' Community recently:

*This post was incredibly informative and encouraging. What I have loved about Be in Health teachings and the forum is that even though I still stumble now and then, the recovery time is sooo much faster and it has become easier and even natural to get right back to that place of hope and faith. Reminders to stay in that eternal timeline perspective have also really helped (Thanks for that, everyone!) This keeps invigorating my hunger to be in and really digest what is in the Word. Thanks Be in Health Team for your encouragement; and thanks fellow Overcomers for your transparency and honesty in your Walk Out! This was exactly what I needed to read today. -Natasha*

There are many members like Natasha active on Overcomers' Community, including all Be in Health Team Members!

## NEXT SPECIALTY CONFERENCE AIRING

**Begins August 1**

**You won't want to miss this one! Dr. Henry Wright will scripturally expose the enemy's 4-tiered kingdom.**

*Remember, all of our Specialty Conference airings will remain up on Overcomers' Community through 2016!*

## A SAFE PLACE TO OVERCOME

Sometimes overcoming can be daunting on our own. Here you will have the peace of mind knowing you don't have to walk out alone and you'll have a community of believers walking alongside you, spurring you on with encouragement and fresh testimonies.

**Join today! \$24.99/mo.**



**We are so very pleased to announce to you that Be in Health® is 100% debt free as of April 2016!**

**Our no-debt policy was implemented in 2013. We do not purchase anything unless we have the cash to pay for it. We now have no mortgages, loans, or leases!**

**Join us in celebrating this exciting accomplishment by thanking Father God for His provision along with us!**

## DO YOU HAVE A TESTIMONY?

As you can attest, hearing how someone else has overcome greatly boosts our faith! Would you help us provide more remarkable stories of restoration **by sharing your testimony with us?**

If you have a testimony about overcoming a disease, being restored to the Father, or how what Be in Health® teaches has changed your life, please email your story to [kyoder@beinhealth.com](mailto:kyoder@beinhealth.com).

## ATTENTION DONORS

**Help Us Stay Connected!**

When you email us your full name, your spouse's name, and your home address by September 1st, you'll be entered into **a drawing for a \$50 gift card to the Be in Health® store!**  
(Valid online or on campus!)

Send an email today to [mhefton@beinhealth.com](mailto:mhefton@beinhealth.com)!

**We appreciate your help in making sure we have all your information correct.**