

# Be in Health

## NEWSLETTER

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### Overcoming Thyroid Cancer - Maureen's Testimony

I was going about my daily life when I noticed an annoying swelling had formed in my neck region. *Lymph nodes must be struggling to overcome some kind of infection*, I thought. So I prayed for healing, but the swelling persisted. Carefully I looked for any possible sin issues that could be hindering healing. Still no change. After a few uncomfortable weeks, I decided to go to the doctor. My hope was to get these lymph nodes some antibiotics to help knock out invading "bugs." Instead, an ultrasound was ordered to figure out what was going on.

I had worked with Be in Health's Spiritual Lifeline phone ministry in the past and decided to call again for a spiritual "check-up." Even though I had looked at some possible spiritual roots and blocks to healing on my own, the phone minister discussed walking in forgiveness as well as releasing forgiveness to myself and others.

Bitterness is an iniquity that runs deep in my generations; one that I had given place to in the past. Even though I hate bitterness with a passion, it would sneak back in from time to time. The Team Member at Spiritual Lifeline, guided by the Holy Spirit, was helpful in exposing the enemy's covert activity so that I could recover myself from his snare – 2 Timothy 2:24-26. I also recalled Mark 11:26; Harboring unforgiveness will block God's forgiveness which can result in an open door to illness. He is the God who forgives all my sin and heals all my diseases – Psalm 103. That's exactly what I needed Him to do.

The ultrasound results revealed my thyroid gland was in trouble. According to research, 95% of all

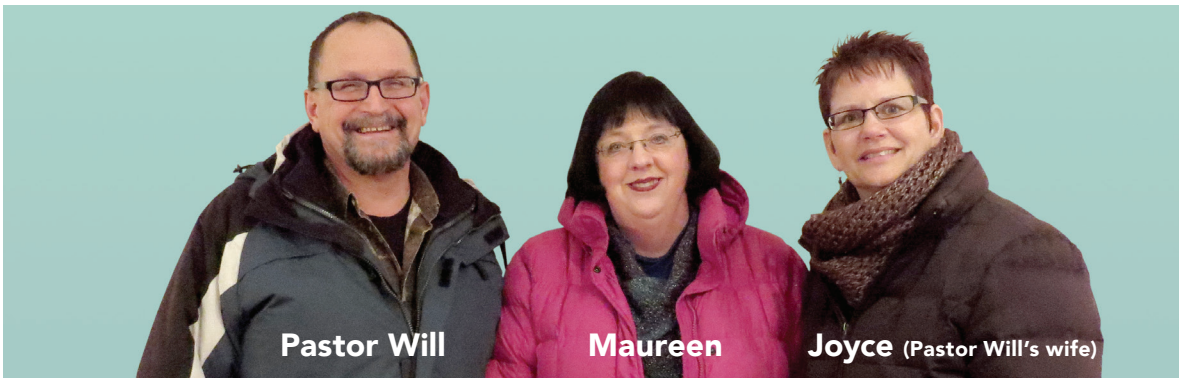


*Maureen*

ultrasound results that looked like mine turned out to be cancer. Upon receiving this news, the account of the three Hebrews threatened with a fiery furnace flashed into mind. I recalled their response and decided to do likewise; My God is well able to deliver me. But even if He doesn't, I'm not bowing my knee to the 'pharaoh of fear'. A biopsy was scheduled.

The biopsy results weren't in yet when I called Spiritual Lifeline again for another phone appointment. They helped me recognize a possible open door of the enemy: guilt for not living up to

[Continued Inside...](#)



***“Her being able to stay in peace throughout this whole ordeal is as much of a miracle as the cancer itself being gone!” observed Maureen’s good friend Joyce.***

self-imposed, unrealistic performance standards. So I got to repent! Any way of thinking, speaking and acting that doesn’t reflect God’s ways is sin. I also realized I had unknowingly set myself up as a “god” unto myself. That was idolatry. Idolatry was a sin punishable by death in the Old Testament. Thank God for siblings in Christ to minister and help me recognize so I can repent – what a gift!

I decided I wasn’t going to agree with any cancer diagnosis. Cancer no longer had any right to my body. I had dealt with my sin. I made a quality decision to live out repentance and resist the sins of bitterness, false guilt and self-idolatry. Jesus took the penalty of the curse of the law for me so I could receive the blessings of God through faith in Him.

At the results appointment, the doctor said cancer cells had been identified and half of my thyroid needed to be removed. I said “I don’t like the idea of having half my thyroid removed. Why don’t you just go in and scoop out the unwanted cells and leave my thyroid alone?” “It’s not that easy.” he said. So I requested to be referred to the Mayo Clinic of Minnesota for a second opinion. Fear was knocking at my door, but I took my peace.

I thought back to when I first recognized that “pharaoh of fear” in my life; it was at For My Life in Georgia about 10 years ago. Since then, several remarkable things happened. No longer did I have chronic sinus infections, which I had suffered through 4 times each year for 30 years. No longer was I plagued with allergies to mold and dust that required antihistamines and decongestants to manage. No longer did I have the fibromyalgia symptoms that required pain medication in order to sleep at night... Now, whatever was ahead of me, I chose to take my peace - NO MATTER WHAT! Peace is my birthright as a daughter of God by faith.

The thyroid specialist at Mayo Clinic said, “This is thyroid cancer. Removing only the cancer cells is not an option. You will have to have the left side of your thyroid removed.” To proceed, she needed the original biopsy results or perform another one. I chose to have another biopsy and I took my peace.

In the hours between appointments I thought about the friends who were faithfully standing with me; those who could be counted on to stand in faith and against fear. The time came for the second biopsy. The pre-op nurse asked while he was prepping me, “Have you ever had this procedure before?” I said “Yes, just a couple of weeks ago. They found cancer.” He grumbled, “No matter *where* a biopsy is done, if it’s cancer the first time, it’s always cancer the second time.” Lying on the surgical table, I decided to take my peace.

Later that day, as I waited for the pre-surgical consultation, which would be my last appointment before they removed my thyroid, I recalled my pastor’s prayers of faith for me and I once again took my peace, believing my God is well able to deliver me. But even if He doesn’t, I’m not bowing my knee to the ‘pharaoh of fear’...

The doctor walked in *without* the surgeon, sat down, smiled and said, “I have good news. The biopsy revealed no trace of cancer. There are some abnormal cells, but they are not multiplying, they are dying. This can be rechecked in a few years.”

The victory that manifested is a testimony to the grace and power of God, as well as the importance of the body of Christ ministering to one another. What a delight to honor the Lord by sharing what He has done!

- Maureen D., Iowa

# SPIRITUAL LIFELINE

## WE ARE HERE FOR YOU

**A**t any time along your Overcomers' Journey you may want to consider Spiritual Lifeline® Phone Ministry. **Spiritual Lifeline gives you the highest level of detailed and individual attention that Be in Health offers.**

Our trained ministers – those who have already walked this journey and have a heart to serve you – will meet with you for ministry by phone or Skype.

When compared with medications, treatments, and psychological approaches – which are attempts to manage the issues, instead of dealing with the root

problems – Spiritual Lifeline is a worthy investment in your freedom.

Using the For My Life principles, **we will help you identify what could be interfering with your journey of overcoming. And we will cheer you on toward the victory that is yours!**

### Contact us today!

Call: 706-646-2074 ext 131

Or e-mail us at: [info@spirituallifeline.com](mailto:info@spirituallifeline.com)

*Spiritual Lifeline is \$99 per one hour of ministry.*

## OVERCOMING PTSD - Now available on CD!

**R**ecently, PTSD has become a more commonly known term with the rise in diagnoses in men and women returning home from war. In reality, these brave men and women only represent a small percentage of mankind that deals with the effects of PTSD.

PTSD is no accident. The reason for someone developing this disorder actually begins well before the traumatic event even occurs. Have you ever wondered why one person may develop PTSD and another person does not, even though they experience the same trauma event?

In this teaching, conducted as a panel, Dr. Henry W. Wright and his research team dig deep into what is behind PTSD spiritually, psychologically, and biologically. They were astonished with their findings, and present the problem and the practical solution to living free from PTSD

***"All healing from PTSD begins with feeling safe again."*** – Dr. Henry W. Wright

\*Go online to [BeinHealth.com](http://BeinHealth.com) to order your copy. Or call 706-646-2074 ext 114 to order over the phone. We can be set free and be a resource to set others free of PTSD!

## COME SEE US IN KNOXVILLE!

Did you know Knoxville, TN is only 4 hours from Cincinnati, Ohio, only 3.5 hours from Charlotte, North Carolina, and just 3 hours from Lexington, Kentucky?!

Perhaps you have friends or family members in these surrounding areas. Consider sharing with them about the **Overcomers' Conference** Tour happening:

**OCTOBER 27-29 in KNOXVILLE, TN at  
Holiday Inn Knoxville West at Cedar Bluff**

This conference will help them understand the connection between our broken relationships and disease. Tell them to come ready and willing to change so they can expect hope and health to spring forth!



# All Are Called

by Dr. Henry W. Wright



**A** real son of God knows how to repent. David was a man after God's own heart, even though he was far from sinless. However, David kept his calling from God intact even after his failure because he knew how to repent and be restored.

I'd like to impart this to you: the Spirit of God that was on David, is the same Spirit to be released in your own lives. It is the same Holy Spirit that would anoint, establish and direct you as He directed him. Learn from his failures and how he recovered himself. Thereby your families, your children, your wives, your churches, your businesses, and your cities will be in safe hands. You are learning to be God's leadership for eternity as kings and priests under the direction and covering of the Lord Jesus.

But ye are a chosen generation, a royal priesthood, a holy nation, a peculiar people; that ye should show forth the praises of him who hath called you out of darkness into his marvelous light.

**1 Peter 2:9**

When King Saul was half insane, they called for David, and Saul liked what David offered him through music. You see, the Spirit of God was on David because the prophet Samuel, being used of God, drew him out and anointed him. The calling of the Holy Spirit that was on Saul was transferred to David because of Saul's continual rebellion.

You need to be very careful. If God has called you to do something in your life and you've withdrawn,

the Spirit of God is going to leave you and go to somebody else until you go back to what God called you to do. Some of you have withdrawn from the kingdom of God because of apathy and indifference, or because somebody hurt you. Do not let another's failure, or your own, remove you from the high calling that is in Christ Jesus. Do not become a statistical casualty in your generation. Out of your weakness, He is made strong.

For the gifts and calling of God are without repentance.

**Romans 11:29**

For many are called, but few are chosen.

**Matthew 22:14**

Do you know, all believers are called, but few choose to be chosen by God to serve Him? When you submit to God, He will put you to work! In His wisdom, as you serve others, you get changed in the process. He has called you to operate as a leader in all areas of your life and He will give you what you need to be successful. Quit looking at somebody that failed you. It is not about you anyway. Jesus was murdered by people that He loved, all because He told them the truth.

Believe God when He speaks to you. Recover when you fail. Don't wait for someone else to do what you've been called to do.

I choose to be a man after God's own heart. How about you?



# Overcomers' COMMUNITY

## WHO AM I?

### Specialty Conference Airing on Overcomers' Community (O.C.)

This past December Dr. Wright taught a powerful Specialty Conference on our identity as human beings: "Who Am I, Why am I Here, and Who Cares?" All these questions and more are addressed in Dr. Wright's latest teaching on our identity.

Right now, this conference in its entirety is available exclusively for our Overcomers' Community!

## UNRAVELING INIQUITY

### Next Specialty Conference Airing Begins June 1st

What is Iniquity? Is it different than sin? Can Iniquity be defeated?

Even after we become born-again, we find that there are deep-seated ways of thinking, speaking, and acting that do not match who God says we are to be. We hate it, we want to change, but we don't understand how to recognize and defeat these destructive patterns.

This teaching helps us scripturally understand the difference between iniquity and sin and why it really matters in our journey of overcoming.

Maybe you've dealt with personal sins, but you still don't see the full freedom God has promised. Understanding and dealing with iniquity could be the missing piece to moving you forward on your journey.

### 3 more Specialty Conference airings to come!

- Exposing the Enemy - Aug. 1st
- Prayer That Makes a Difference - Oct. 1st
- Overcoming Depression - Dec. 1st

*All of our Specialty Conferences airings will remain up on O.C. through 2016! The Overcomers' Community is the only place you can view these life-changing conferences!*

sign up today at [www.beinhealth.com/oc](http://www.beinhealth.com/oc)

Have you ever wondered how to tell people what Be in Health is, other than

**"AMAZING!"**

**...or, "LIFE-CHANGING!"**

**We have a nutshell message that we use that might help you as well.**

**Here's what you can tell your friends and family:**

Be in Health helps us **understand the connection**

between our

broken relationships and disease.

They work with people who are **willing and ready to change**

in order to strengthen their relationships with God, self, and others which produces **hope and health.**

Be in Health is a ministry outreach of Hope of the Generations Church.

**There, now isn't that simpler?!**

**However, you may still have to follow this up with:**

**"YOU JUST GOTTA GO!"**

## ATTENTION DONORS

**We need your current email address!** We occasionally send emails with special promotions and invitations to our supporters. If you would like to partake of these opportunities please send your current email address along with your full name to [mhefton@beinhealth.com](mailto:mhefton@beinhealth.com) so you don't miss out!

**\*Expect something in your inbox the first week of May!**