

# Be in Health

## NEWSLETTER

JAN • FEB • MAR 2016

### Overcoming Cancer - Jaque's Testimony

In 2009 I was diagnosed with breast cancer. I've been a believer for 40+ years and believe God's Word is the absolute final say on everything. I practiced living by faith in the Healer and felt led not to proceed with surgery, chemo, and radiation. The fear of death and cancer grew as I watched the painful tumor in my breast grow. Even though I opted not to go the medical route because of my faith in the Healer, I found myself seeking solutions elsewhere. I did what Alternative Medicine recommended, along with restricting myself to organic foods only and cutting out countless foods from my diet. I didn't realize at the time I was looking everywhere but to God for answers. Over the course of years a lesion began to fester and open up the skin despite all my efforts. God led me to pray with strong believers and had also influenced my heart with 2 Chronicles 16:12-13.

And Asa in the thirty and ninth year of his reign was diseased in his feet, until his disease was exceeding great; yet in his disease **he sought not to the LORD, but to the physicians.** And Asa slept with his fathers, and died in the one and fortieth year of his reign.

**2 Chronicles 16:12-13**

In the summer of 2013 I was led to read *A More Excellent Way*. Dr. Henry W. Wright stated in his writings, "You need to know why you have the disease." I asked the Lord to search my heart; I received His answer, forgave to the depths, and resolved those issues.

In October of 2014, I felt God's gentle nudge to participate in Pastor Wright's *For My Life* program



Jaque

in Georgia. At the end of the week I had a profound revelation. They teach on "Separation" and I realized that the same revelation Paul stated in Romans 7:17 and 20 was what I was receiving. "Now then it is no more I that do it, but sin that dwells in me... Now if I do that I would not, it is no more I that do it, but sin that dwells in me." I had known this, but still I *didn't* know it! On this day I saw it like never before! It's **not** me!" I stayed for week two for the *Walk Out Workshop* to learn how to apply what I was learning. During this week, I saw forgiveness and repentance as something to be practiced every day, not just occasionally. I saw that it's impossible to walk in faith without repentance; that's putting the cart before the horse! So beginning in Georgia and in the weeks that followed, I repented from the heart for everything the Holy Spirit convicted me

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of; I will practice this gift of repentance for the rest of my life. Once I recognized my subtle agreement with accusing spirits, I renounced it and continued the process of forgiveness towards myself and others. Soon after coming home from Georgia I noticed all the pain in my chest and back was gone.

The next month at the doctor, tests showed the cancer had metastasized to the bone throughout my body; however there was a fracture in my hip that was healing. I thought, *If it's healing there, it can heal everywhere else too!* The surgeon and oncologist said in effect, "We're sorry, but you've missed the cure; neither chemo nor radiation can help you now." Upon hanging up the phone I heard the Lord ask, "Jaque, now you've just heard the worst report you can hear; Who's report are you going to believe?" Immediately recalling Isaiah 53, I answered. "Lord, I'm going to believe Your report; by Your stripes I am healed." I began to put the Word in me. God showed me earlier in Jeremiah that He will be faithful to watch over and perform it, but that I must be faithful to put it in so it can go to work.



***Jaque with her grandson and husband***

Prior to taking *For My Life*, I had been in excruciating pain and could barely walk. I continued to ask the Lord, "What do you want me to do?" I heard, "Do what you can't do. Take a walk." So I began to walk a little every day. Five minutes slowly became ten, and so on until the pain left and I began jumping on my trampoline and exercising like I had before! The fracture in my hip healed completely and my bones were gaining strength.

The first blood test revealed cancer markers at 963 (the normal range is 36-38). We watched the markers drop month by month: 663, 532, 362, 254. As of this writing they are at 177. The Oncologist said, "Jaque, we don't see numbers drop this fast!" The tumor is shrinking and the lesion has disappeared.

Friends, God has healed me of cancer by the stripes of Jesus, and I have overcome Satan by the blood of the Lamb and the word of my testimony. I am not going to die, but live and declare the works of the Lord! Nothing is impossible with God. He forgives ALL our iniquities and heals ALL our diseases. He sent His Word and healed us and delivered us from ALL our destructions. We shall bless His Name forever!

- Jaque S., Kansas



# FOR My LIFE

**F**or My Life helps us understand the connection between our broken relationships and disease. We work with people who are willing and ready to change in order to strengthen their relationships with God, self and others which produces hope and health.

Have you thought of when you'd like to come to Georgia?

## Below are the dates for all For My Life programs in 2016:

JAN 3 – 8

MAY 1 – 6

SEP 4 – 9

JAN 31 – FEB 5

JUNE 5 – 10

OCT 2 – 7

FEB 28 – MAR 4


JULY 10 – 15

NOV 6 – 11

APR 3 – 8

AUG 7 – 12

DEC 4 – 9

 Adults, Kids & Youth Week  City of Refuge

\*Register for For My Life and book your lodging at [beinhealth.com](http://beinhealth.com)

## Groundbreaking Study

In 2011, Be in Health was asked to participate in a three year study to track the impact of the For My Life® program on qualified individuals that attended the program at the Be in Health® campus in Thomaston Georgia from 2011-2013. The study titled: Effect of a Faith-Based Education program on Self-Assessed **Physical, Mental and Spiritual (Religious) Health** parameters (PHYMSH) was professionally performed with Dr. Frans Cronje and undergirded with Institutional Review Board (IRB) approval of the Human Research Ethics Committee of Stellenbosch University. The results specified, with clinically measurable scientific evidence, that attending the For My Life® program significantly benefited individuals in the areas of depression, stress and anxiety. Plus, they had a brighter outlook

on life which greatly increases the individual's ability to overcome.

We are pleased to announce that the results of this, first of its kind, groundbreaking study has been published and is now available online for review for a fee at [www.link.springer.com](http://www.link.springer.com). You will find it by searching its unique Digital Object Identifier (DOI) 10.1007/s10943-015-0129-z.

The good news is travelling fast of God's power in the earth! Pray the amazing results of this study will draw people to Be in Health so we might serve them and propel them into their Overcomers' Journey!

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# THANK YOU

*We are overwhelmed with gratitude for all the year end donations that came in. Your gifts make it possible for us to restore even more people in 2016. Thank you donors! This is going to be one spectacular year!!*





# Are You Known of God?

by Dr. Henry W. Wright

If I asked you, "Do you know God?" all of you would say, "Yes." But that isn't even the proper question or answer. The question is, "Are you known of God?"

The outer court, the inner court, and the most holy place in the Old Testament serve as a type and shadow for us. In the New Testament, we are instructed not to remain in the inner or outer court. Instead, we must go to the Father's throne boldly in the most holy place. The separation between us and the Father has been broken. The veil was rent. The Father rent that veil by sending His Son. This provision of the open veil permits us to come into His presence by faith, in the Name of Jesus. Because of Jesus, we have access to the heart of God. I want to encourage you to develop, as a work of the Holy Spirit, a hunger to be known of the Father.

I know you all can quote that verse that says you are engraved in the palms of His hands. But just because you can quote it doesn't mean you've met Him in it.

Some of you are afraid of God; some of you have ungodly fear. Some of you have inferiority; you feel like you don't measure up. Did you save yourself or did He save you? Did you choose salvation or did He choose you in it? You've been accepted by faith. Some of you are hanging around the outer courts feeling like you don't qualify. Some of you are looking at your sin issues as if, when you get that all worked out, then you'll be known of Him. Listen, father Abraham was a liar; he was filled with

fear. King David was a murderer and an adulterer. Yet Abraham was called a friend of God and David a man after God's own heart. It wasn't because of sin. It was because when God spoke, Abraham believed what He said. And when David sinned and was confronted with it, he dealt with it.

I want to be known of God. How about you? That has to be critical to your spirit. I don't want to look at Him through a baptismal certificate or the biggest Bible I can lug around. I don't want to look at Him by faith from afar.

You see faith isn't far. It isn't close. Faith is Who God is. It's omnipresent. You don't have to go somewhere to try and find faith. To every man is given a measure of faith.

In Revelation, it says that we were created for His pleasure. I know the enemy comes to accuse us because he is the accuser of the brethren. I know there is a battle for you to comprehend, by faith, that you're special to God the Father. You're okay with Jesus, He's your good buddy, but Jesus came to show us the Father. And all good things come down from the Father of Lights, with whom is no variableness, neither shadow of turning. I think it's time that this wall be broken down between us and God the Father.

You can't serve God in fear. You can't pursue God in fear. You can't pursue God in unbelief. You can't pursue God, except through a childlike approach like a child would run to his daddy.

# Overcomers' COMMUNITY

## Welcome to Overcomers' Community: a safe place to overcome!

This is the next step on the Overcomers' Journey if you have completed For My Life.

We created a new, easier-to-use online community for our Partners that launched this month. If you are a current Partner, nothing will change with your username/login or billing; however, you are now officially part of the Overcomers' Community!

If you are not part of the Overcomers' Community, you will want to be! For a \$74.97 initial three month subscription (\$24.99 each subsequent month), you can enjoy being strengthened to overcome with a community of like-minded believers from all over the country and even the world.

## Overcomers' Community is the only place you can exclusively:

- Listen to fresh and hot excerpts from Hope of the Generations Church services
- **NEW!** Gain special seasonal access to view recorded Specialty Conferences
- View our Spiritual Roots of Disease
- Watch For My Life online over a 5 month period- a \$299 value (offered yearly)
- Listen to archived teleconferences with Dr. Wright and team
- View archived Be in Health magazines, journals and newsletters
- Share your own and read others' amazing testimonies in the Overcomers' Community
- Connect with other Be in Health Overcomers through the online forums
- Receive a 10% discount on all BiH resources (books, CDs, DVDs)

Get excited and ready for a community that will strengthen and refresh you. As these days grow darker we will shine even stronger - TOGETHER!

[www.beinhealth.com/oc](http://www.beinhealth.com/oc)

# City of Refuge RECAP



## 297 people attended City of Refuge 2015!

Without our faithful donors and new donors this remarkable week would not have been possible. A heartfelt thank you on behalf of the attendees and the whole team at Be in Health to those of you who chose to co-sponsor. We are most grateful. Father, we ask that you bless them in return!

## OVERCOMERS' CONFERENCE Sandusky, OH April 21-23



Bring your family and friends to an amazing weekend with Pastors Henry and Donna and the Be in Health Team at Kalahari Resort. Gather with us as we teach God's word and experience fun-filled play time and relaxation!

## Kalahari Resorts & Conventions

[www.kalahariresorts.com/ohio](http://www.kalahariresorts.com/ohio)

\*Register online at [BeinHealth.com](http://BeinHealth.com)

## SPECIAL INVITATIONS

**We need your current e-mail address!** We occasionally send e-mails with special promotions and invitations to our supporters. If you would like to partake of these opportunities please send your current e-mail address along with your full name to [mhefton@beinhealth.com](mailto:mhefton@beinhealth.com) so you don't miss out!