

THE HEALING AND PREVENTION OF DISEASE

by Pastor Henry Wright

54% Coronary Heart Disease
8% Congestive Heart Failure
4% Diseases of the Arteries

18% Stroke
5% High Blood Pressure
-1% Congenital Heart Defects

Heart disease takes the lives of more Americans than any other disease. Luke 21:26 tells us *in the last days, men's hearts will fail them because of fear.* In the April 2, 2001 issue of *Time Magazine*, there is an article listing over 4,000 different types of fear, including "fear of man, fear of sermons, fear of mother-in-laws, fear of physicians, fear of drugs, fear of Satan, fear of being buried alive, fear of dying, fear of rejection, fear of failure, fear of darkness, fear of flying, etc..." The Bible says in Hebrews 13:6, *Fear not what man can do unto you, but put your trust in the Lord.*

More than **64 million Americans have some form of cardiovascular disease**, including coronary heart disease, stroke, high blood pressure, congestive heart failure, congenital heart defects, and other diseases of the circulatory system. 1,200,000 will have a heart attack this year, and about 700,000 will experience a stroke. Each statistic represents a man, woman or child whose life touches family, friends, acquaintances, co-workers or schoolmates. You may recall a victim of cardiovascular disease and how it caused grief and hardship in the family.

In an article titled "The Power to Heal" in *NEWSWEEK: September 24, 1990*, the leading line states, "**The future of medicine lies not in treating illness but in preventing it.**" Written by Michael Crichton, a medical doctor, the article continues, "Throughout the 20th century, medicine has advanced primarily by improving curative care. Psycho-immunology, the science that deals with the mind's role in helping the immune system to fight disease, will become a vitally important clinical field. **Healthy thinking may eventually become an integral aspect of treatment** for everything from allergies to liver transplants."

A cardiovascular surgeon from Florida, who attended the Pleasant Valley Church seminars, states, "**I am having more success in the healing of cardiovascular disease through the application of spiritual roots and ministry than I have ever had with sutures and knives.** I practice being a cardiovascular surgeon in the mornings. In the afternoons and in the evenings, I am a minister unto God."

Henry Wright, senior Pastor of Pleasant Valley Church in Thomaston, GA states, "Based on our investigation of case histories, such diseases as congestive heart failure, strokes, coronary heart disease and congenital heart failure can be healed. **Behind much of these diseases we have found that spirituality is a root cause.** The efforts spent on traditional understanding of health and disease merely amount to **disease management** and do not address the underlying cause. Many people think they were standing under the wrong tree at the wrong time when a bird flew over, Proverbs 26:2 tells us, 'the curse causeless shall not come'.

The following diseases are listed with their spiritual roots.

- **Congestive Heart Failure**
self-hatred
loss of identity
deep-rooted bitterness
- **Strokes**
anger
hostility
- **Coronary Heart Disease**
fear, anxiety and stress
self-hatred
rage, anger and hostility
- **Hardening of the Arteries**
self-rejection
self-bitterness
- **Congenital Heart Defects**
inherited iniquities in the form of genetic impurity

Iniquities are personal or physical traits inherited from ancestors

The children of the captivity in Nehemiah 9:2, upon hearing the scriptures read, began to **see things in their parents and grandparents that were also in them**. Even your doctor asks about the diseases in your family tree.

- **High Blood Pressure**
fear, anxiety and stress
taking thought for tomorrow

One in five Americans has high blood pressure, and 30% of them don't even know it. Scientific research has proven the Word of God to be true. **Doctors are telling us that High Blood Pressure is a spiritually rooted disease** because it is a stress disorder. It is a major American plague, even in Christianity. There is nothing wrong with the cardiovascular system. It is simply responding to an imbalance of the sympathetic nervous system coming out of participation with the sin of "fear of tomorrow". **As a person takes thought for tomorrow about what can go wrong, this produces cardiovascular cell membrane semi-rigidity. The diameter of the artery is narrowed, the heartbeat hasn't changed, and the blood flow is retarded, causing high blood pressure.**

Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.
Matthew 6:34

"A major factor in **disease prevention involves the person getting their spirituality right.**" continues Pastor Wright. "You not only can move the hand of God to have these diseases healed, you can begin a more excellent way of thinking. You can actually prevent these diseases from happening and be in health by pursuing wholeness of spirit, soul and body."

And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.
1 Thessalonians 5:23

Source of charts and statistics: CDC/NCHS